November 2026

Main South

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Active Games	**2** 10:00 Mobility Flow Yoga 10:15 Mahjong (Main Street) 1:30 Crosswords 3:15 Helping Hands 4:00 1:1 Walk & Talk	**3** 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open	**4** 9:30 Pledge a Flag 10:00 Show And Tell with BACI (Main Street) 1:30 Mobile Nail Spa 3:00 Active Games	**5** 10:00 Music and Memories (MT) 10:00 Shuffle Board (Art Studio) 10:15 Mahjong (Main Street) 10:30 Catholic Mass (Town Hall) 2:00 Diwali Celebration (Town Hall) 3:00 Individual Music Therapy (MT)	**6** 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Mike Kinal 3:15 Cribbage (Town Hall) 3:45 Helping Hands	**7** 10:00 Exercise on Music 11:00 News & Views 1:30 Community Centre (Art Studio) 3:30 Documentary Series
8 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 2:00 Royal Westminster Band (Town Hall)	**9** 10:00 Mobility Flow Yoga 10:15 Mahjong (Main Street) 1:30 Piano with Murray 3:15 Helping Hands 4:00 1:1 Walk & Talk	**10** Library Collection 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 3:15 Multisensory Room 4:00 Dining Room Visits	**11** 10:30 Remembrance Day Ceremony (Town Hall) 	**12** 10:00 Music and Memories (MT) 10:00 Shuffle Board (Art Studio) 10:30 Catholic Mass (Town Hall) 1:30 Creative Corner (Art Studio) 1:30 Main Street Music Jam! (MT) 3:00 Individual Music Therapy (MT) 3:00 Table Games (Art Studio) 4:00 Library Delivery	**13** 10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub with Gord Oliver 3:15 Cribbage (Town Hall) 3:45 1:1 Visits	**14** 10:00 Walking Club 11:00 Table Games 1:30 Community Centre (Art Studio) 3:30 Trivia
15 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Active Games 4:00 Wheelchair Walks	**16** 10:00 Mobility Flow Yoga 1:30 Crosswords 1:30 Veterans Group with Michelle (Town Hall) 3:15 Helping Hands 4:00 1:1 Walk & Talk	**17** 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 3:15 Short Stories 4:00 Dining Room Visits	**18** 10:00 Show And Tell with BACI (Main Street) 1:30 Mobile Nail Spa 3:00 Active Games	**19** 10:00 Music and Memories (MT) 10:00 Shuffle Board (Art Studio) 10:30 Catholic Mass (Town Hall) 1:30 Creative Corner (Art Studio) 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 3:00 Individual Music Therapy (MT)	**20** 10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub with Peter Williams 3:15 Cribbage (Town Hall) 3:45 Helping Hands	**21** 10:00 Exercise on Music 11:00 Short Stories 1:30 Community Centre (Art Studio) 3:30 Sing-a-long
22 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Active Games 3:15 Word Games	**23** 10:00 Mobility Flow Yoga 10:15 Mahjong (Main Street) 1:30 Crosswords 3:15 Helping Hands 4:00 1:1 Walk & Talk	**24** 9:30 Helping Hands : Christmas decoration 1:00 Helping Hands : Christmas decoration	**25** 9:30 Helping Hands : Christmas decoration 1:00 Helping Hands : Christmas decoration	**26** 10:00 Music and Memories (MT) 10:00 Shuffle Board (Art Studio) 10:30 Catholic Mass (Town Hall) 1:30 Creative Corner (Art Studio) 1:30 Main Street Music Jam! (MT) 3:00 Individual Music Therapy (MT) 3:00 Table Games (Art Studio)	**27** 10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub with Mike & Marie 3:15 Cribbage (Town Hall) 3:45 1:1 visits	**28** 10:00 Balloon Ball 11:00 News & Views 1:30 Community Centre (Art Studio) 3:30 November Quiz
29 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Active Games 4:00 Wheelchair Walks	**30** 10:00 Mobility Flow Yoga 10:15 Mahjong (Main Street) 1:30 Crosswords 2:30 John Knox School Music Performance (Town Hall) 4:00 Board Decoration & Calendar Delivery					

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library