November 2026

Main North

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio)	**2** 10:15 Mahjong (Main Street) 1:30 Piano with Murray	**3** 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Baking 1:30 Piano Music with Bowie (MT) 3:00 Individual Music Therapy (MT)	**4** 9:30 Pledge a Flag 10:00 Show And Tell with BACI (Main Street) 1:30 Table Games 3:00 Active Games 4:00 1:1 Visits (Spiritual)	**5** 10:15 Gentle Stretches and Balloon Ball Toss 10:15 Mahjong (Main Street) 10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 2:00 Diwali Celebration (Town Hall)	**6** 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Mike Kinal 3:15 Cribbage (Town Hall) 4:00 Sensory Cart	**7** 10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:00 Sing-a-long 4:00 Roll and Stroll
8 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 2:00 Royal Westminster Band (Town Hall)	**9** 10:15 Mahjong (Main Street)	**10** Library Collection 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Shuffle Board & Pool (Art Studio) 1:30 Piano Music with Bowie (MT) 3:00 Individual Music Therapy (MT)	**11** 10:30 Remembrance Day Ceremony (Town Hall) 	**12** 10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 1:30 1:1 Visits (Spiritual) 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 3:00 Active Game 4:00 Library Delivery	**13** 10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub with Gord Oliver 3:15 Cribbage (Town Hall) 4:00 1:1 Visits (Spiritual)	**14** 10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:00 Sing-a-long 3:45 1:1 Visits (Spiritual)
15 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio)	**16** 1:30 Veterans Group with Michelle (Town Hall)	**17** 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Shuffle Board & Pool (Art Studio) 1:30 Chinese Tea Appreciation 1:30 Piano Music with Bowie (MT) 3:00 Individual Music Therapy (MT) 3:30 Magic Table (Art Studio)	**18** 10:00 Show And Tell with BACI (Main Street) 10:15 Chair Yoga Dance 11:00 Heart for Music	**19** 10:15 Gentle Stretches and Balloon Ball Toss 10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 1:30 Roll and Stroll 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 3:00 Crosswords 4:00 1:1 Visits (Spiritual)	**20** 10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub with Peter Williams 3:15 Cribbage (Town Hall) 4:00 Sensory Cart	**21** 10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:00 Sing-a-long 4:00 Roll and Stroll
22 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio)	**23** 10:15 Mahjong (Main Street) 1:30 Piano with Murray	**24** 9:30 Helping Hands : Christmas decoration 10:00 Individual Music Therapy (MT) 1:00 Helping Hands : Christmas decoration 1:30 Piano Music with Bowie (MT) 3:00 Individual Music Therapy (MT)	**25** 9:30 Helping Hands : Christmas decoration 1:00 Helping Hands : Christmas decoration	**26** 10:15 Gentle Stretches and Balloon Ball Toss 10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 1:30 Main Street Music Jam! (MT)	**27** 10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub with Mike & Marie 3:15 Cribbage (Town Hall) 4:00 1:1 Visits (Spiritual)	**28** 10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:00 Sing-a-long 3:45 1:1 Visits (Spiritual)
29 10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio)	**30** 10:15 Mahjong (Main Street) 2:30 John Knox School Music Performance (Town Hall) 4:00 Board Decoration & Calendar Delivery					

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library