November 2026

BSTN WEST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	**2** 10:00 Shuffle Board (Art Studio) 1:30 Remembrance Day Craft (Art Studio) 3:00 Tovertafel Projector (Art Studio)	**3** 10:00 Bingo (Town Hall) 1:30 Balloon Ball 3:00 Multisensory Experience	**4** 4:00 Helping Hands	**5** 10:30 Catholic Mass (Town Hall) 2:00 Diwali Celebration (Town Hall)	**6** 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Mike Kinal 3:00 Individual Music Therapy (MT)	**7** 10:00 Range of Motion Exercises 11:00 Heart for Music
8	**9** 1:30 Trivia 3:00 Active Games 4:00 Sensory Cart	**10** Library Collection 10:00 Bingo (Town Hall) 11:00 Walk and Talks	**11** 10:30 Remembrance Day Ceremony (Town Hall) 	**12** 10:00 Balloon Toss 10:30 Catholic Mass (Town Hall) 11:00 Coloring Corner 1:30 Musical Bingo 3:00 Walks and Talks 4:00 Library Delivery	**13** 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Gord Oliver 3:00 Individual Music Therapy (MT)	**14** 1:30 Active Games 3:00 Sing-a-long 4:00 1:1 Visits (Social)
15	**16** 10:00 Shuffle Board (Art Studio) 1:30 Baking (Art Studio) 3:00 Tovertafel Projector (Art Studio)	**17** 10:00 Bingo (Town Hall) 11:00 Walk and Talks	**18** 4:00 Helping Hands	**19** 10:00 Balloon Toss 10:30 Catholic Mass (Town Hall) 1:30 Resident Council Meeting (Town Hall) 1:30 Sing-a-long 3:00 Multisensory Experience 4:00 Heart for Music	**20** 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Peter Williams 3:00 Individual Music Therapy (MT)	**21** 10:00 Range of Motion Exercises 11:00 Heart for Music
22 1:30 Sing-a-long 3:00 Trivia 4:00 Helping Hands	**23** 10:00 Shuffle Board (Art Studio) 1:30 Jeopardy Trivia (Art Studio) 3:00 Tovertafel Projector (Art Studio)	**24** 9:30 Helping Hands : Christmas decoration 1:00 Helping Hands : Christmas decoration	**25** 9:30 Helping Hands : Christmas decoration 1:00 Helping Hands : Christmas decoration	**26** 10:00 Balloon Toss 10:30 Catholic Mass (Town Hall)	**27** 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Mike & Marie 3:00 Individual Music Therapy (MT)	**28** 1:30 Active Games 3:00 Sing-a-long 4:00 1:1 Visits (Social)
29	**30** 10:00 Shuffle Board (Art Studio) 1:30 Bowling 3:00 Tovertafel Projector (Art Studio) 4:00 Board Decoration & Calendar Delivery					

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library