

October 2026



Main South

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:00 Music and Memories (MT) 10:30 Catholic Mass (Town Hall) 10:30 Shuffle Board (Art Studio) 1:30 Makin' Treats (Art Studio) 1:30 Main Street Music Jam! (MT) 3:00 Individual Music Therapy (MT) 3:00 Fall-Themed Timeslips (Art Studio)	10:00 Bingo (Town Hall) 3:15 Cribbage (Town Hall) 3:45 Table Games	10:00 Active Games 1:30 Community Centre (Art Studio) 3:30 Documentary Series 4:00 1:1 Visits (Social)
4	5	6	7	8	9	10
10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Active Games 3:15 Monthly Gazette 4:00 Wheelchair Walks	10:00 Mobility Flow Yoga 1:30 Crosswords 3:15 Helping Hands 4:00 1:1 Walk & Talk	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 3:15 Multisensory Room 4:00 Dining Room Visits	10:00 Lower North Studio Day 10:00 Show And Tell with BACI (Main Street) 10:15 Mahjong (Main Street) 1:30pm Mini Olympics MN vs LN 1:30 Mobile Nail Spa 3:15 Guy Talk	10:00 Music and Memories (MT) 10:30 Catholic Mass (Town Hall) 10:30 Shuffle Board (Art Studio) 1:30 Creative Corner (Art Studio) 1:30 Main Street Music Jam! (MT) 3:00 Individual Music Therapy (MT) 3:30 Tovertafel Projector (Art Studio)	10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub With TBD 3:15 Cribbage (Town Hall) 3:45 Table Games	10:00 Exercise on Polka Music 1:30 Community Centre (Art Studio) 3:30 Spa & Relaxation 4:00 Helping Hands
11	12	13	14	15	16	17
10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio)		10:00 Bingo (Town Hall)	Library Collection 10:00 Lower North Studio Day 10:00 Exercise & Stretch 1:30pm Mini Olympics MS vs BSTN 2:00 Mahjong (Main Street) 3:30 Helping Hands	10:00 Music and Memories (MT) 10:30 Catholic Mass (Town Hall) 10:30 Shuffle Board (Art Studio) 1:30 Thursday Bakes! (Art Studio) 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 3:00 Individual Music Therapy (MT) 3:00 Table Games (Art Studio) 4:00 Library Delivery	10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub With Shawn Mckee 3:15 Cribbage (Town Hall) 3:45 Table Games	10:00 Exercise on Cha Cha Cha 1:30 Community Centre (Art Studio) 3:30 Trivia 4:00 Sensory Cart
18	19	20	21	22	23	24
10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Active Games 3:15 Autumn Reminisce & Share 4:00 Wheelchair Walks	10:00 Mobility Flow Yoga 1:30 Piano with Murray 3:15 Brain Teasers 4:00 1:1 Walk & Talk	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 3:15 Multisensory Room 4:00 Dining Room Visits	10:00 Lower North Studio Day 10:00 Show And Tell with BACI (Main Street) 10:15 Mahjong (Main Street) 1:30pm Mini Olympics Semifinals	10:00 Music and Memories (MT) 10:30 Catholic Mass (Town Hall) 10:30 Shuffle Board (Art Studio) 1:30 Creative Corner (Art Studio) 1:30 Main Street Music Jam! (MT) 3:00 Individual Music Therapy (MT) 3:30 Tovertafel Projector (Art Studio)	10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub With Salve And Friends 3:15 Cribbage (Town Hall) 3:45 Table Games	10:00 Active Games 1:30 Community Centre (Art Studio) 3:30 Documentary Series 4:00 Helping Hands
25	26	27	28	29	30	31
10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Active Games 3:15 Word Games	10:00 Mobility Flow Yoga 1:30 Trivia 3:00 Sweet Treats Cart 4:00 1:1 Walk & Talk	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 3:15 Multisensory Room 4:00 Dining Room Visits	10:00 Lower North Studio Day 2:00 Mahjong (Main Street) 2:00 Birthday Party	10:00 Music and Memories (MT) 10:30 Catholic Mass (Town Hall) 1:30 Main Street Music Jam! (MT) 3:00 Individual Music Therapy (MT) 1:30pm Mini Olympics Finals	10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Halloween Party With Peter Williams 3:15 Cribbage (Town Hall) 3:45 Table Games	10:00 Exercise on Swing Music 1:30 Community Centre (Art Studio) 3:30 Spa & Relaxation 4:00 1:1 Visits (Social)

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library