

October 2026

Lower North



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 3:00 Scrabble Groups	10:00 Bingo (Town Hall) 2:00 Town Hall Pub With The Fera Bros 3:15 Cribbage (Town Hall)	10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:00 Halloween Trivia 4:00 1:1 Visits (Social)
4	5	6	7	8	9	10
10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Brain Games 2:45 Active Games 3:30 1:1 Visits (Social)	10:00 Morning Exercise 10:45 News n' Views 1:30 Brain Teasers 3:00 Remember When...Autumn Harvest on the Farm 4:00 1:1 Visits (Social)	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Art Studio Open 1:30 Creative Corner 1:30 Exercise 3:00 Name that Tune 3:00 Table Games	10:00 Lower North Studio Day 10:00 Baking- Apple Pie Dump Cake 10:00 Music and Memories (MT) 10:15 Mahjong (Main Street) 1:30pm Mini Olympics MN vs LN 1:30 Hand Chime Choir (MT) 3:00 Individual Music Therapy (MT)	10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Spa & Relaxation 3:00 News & Views 3:00 Scrabble Groups	10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub With TBD 3:15 Cribbage (Town Hall)	10:00 Morning Crosswords 11:00 Humour 1:30 Community Centre (Art Studio) 3:00 Sorting Ball Game 4:00 1:1 Visits
11	12	13	14	15	16	17
10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Trivia 2:45 Exercise 3:30 1:1 Visits (Social)		10:00 Bingo (Town Hall) 1:30 Creative Corner Halloween Crafts 3:00 Card Games 4:00 Walking Club	Library Collection 10:00 Lower North Studio Day 10:00 Creative Arts With BACI Daycare 10:00 Music and Memories (MT) 1:30pm Mini Olympics MS vs BSTN 1:30 Creative Corner (Art Studio) 1:30 Hand Chime Choir (MT) 2:00 Mahjong (Main Street) 3:00 Individual Music Therapy (MT) 3:15 Magic Table (Art Studio)	10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 1:30 Art Studio Open 1:30 Exercise 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 3:00 Scrabble Groups 4:00 Library Delivery	10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub With Shawn Mckee 3:15 Cribbage (Town Hall)	10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:00 Halloween Trivia 4:00 Garden walks
18	19	20	21	22	23	24
10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 5 Card Bingo 2:45 Active Games 3:30 1:1 Visits (Social)	10:00 Exercise 11:00 1:1 Visits (Social) 1:30 Spa & Relaxation 3:00 Sensory Cart 4:45 Heart for Music	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Art Studio Open 1:30 Spa & Relaxation 3:00 Name that Tune 3:00 Table Games	10:00 Lower North Studio Day 10:00 Music and Memories (MT) 10:15 Mahjong (Main Street) 1:30 Hand Chime Choir (MT) 3:00 Individual Music Therapy (MT) 1:30pm Mini Olympics Semifinals	10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 1:30 Art Studio Open 1:30 Chair Pilates 1:30 Main Street Music Jam! (MT) 3:00 Scrabble Groups	10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Town Hall Pub With Salve And Friends 3:15 Cribbage (Town Hall)	10:00 Morning Crosswords 10:00 Music and Memories (MT) 11:00 Humour 1:30 Community Centre (Art Studio) 3:00 Sorting Ball Game 4:00 1:1 Visits
25	26	27	28	29	30	31
10:00 Hymn Sing (Art Studio) 10:45 Studio Social (Art Studio) 1:30 Trivia 2:45 Exercise 3:30 1:1 Visits (Social)	10:00 Exercise 11:00 1:1 Visits (Social) 1:30 Music with Volunteers 3:00 Documentary Series 4:45 Heart for Music	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Art Studio Open 1:30 Arts and Crafts 3:00 Armchair Adventures Halloween Around the World 3:00 Sensory Cart 3:00 Sing-a-long with Tracey	10:00 Lower North Studio Day 10:00 Trick-or-Treating with BACI Daycare 10:00 Music and Memories (MT) 1:30 Hand Chime Choir (MT) 2:00 Mahjong (Main Street) 2:00 Birthday Party 3:00 Individual Music Therapy (MT) 3:15 Magic Table (Art Studio)	10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 3:00 Scrabble Groups 1:30pm Mini Olympics Finals	10:00 Bingo (Town Hall) 10:15 Mahjong (Main Street) 2:00 Halloween Party With Peter Williams 3:15 Cribbage (Town Hall)	10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 4:00 Garden walks

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library