

August 2026

Lower North



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00am Morning Crosswords 11:00am Humour 1:30pm Community Centre (Art Studio) 3:00pm Sorting Ball Game 4:00pm 1:1 Visits
2 10:00am Hymn Sing (Art Studio) 10:45am Studio Social (Art Studio) 1:30pm Exercise 3:00pm Brain Games 4:00pm Sensory Cart	3 BC Day Holiday	4 10:00am Bingo (Town Hall) 3:00pm Coloring & Conversation	5 10:00am Show And Tell with BACI (Main Street) 10:00am Music and Memories (MT) 3:00pm Individual Music Therapy (MT)	6 10:30am Catholic Mass (Town Hall) 12:00pm BBQ - LNDR 1:30pm Main Street Music Jam! (MT) 3:00pm Scrabble Groups	7 10:00am Bingo (Town Hall) 10:30am Mahjong (Main Street) 2:00pm Town Hall Pub 3:30pm Cribbage (Town Hall)	8 10:00am Active Games 11:00am Heart for Music 1:30pm Community Centre (Art Studio) 3:00pm Brain Games 4:00pm Gardening
9 10:00am Hymn Sing (Art Studio) 10:45am Studio Social (Art Studio) 1:30pm Walking Club 3:00pm Short Stories in the Garden 4:00pm Heart for Music	10 10:00am Remember When...Summer Memories 11:00am Gardening Watering 1:30pm Family Feud 3:30pm Sing-a-long	11 10:00am Bingo (Town Hall) 1:30pm Ice Cream Social 1:30pm Spa & Relaxation 3:00pm Table Games on the Patio	12 10:00am Creative Arts with BACI Daycare (Art Studio) 10:00am Music and Memories (MT) 10:30am Mahjong (Main Street) 1:30pm Art Studio Open 1:30pm Hand Chime Choir (MT) 1:30pm Jeopardy 3:00pm Individual Music Therapy (MT) 3:15pm Cribbage 3:15pm Magic Table (Art Studio)	13 10:00am Famous Faces 10:30am Catholic Mass (Town Hall) 1:30pm Bocce 1:30pm Main Street Music Jam! (MT) 3:00pm Finish the Phrase 3:00pm Scrabble Groups	14 10:00am Bingo (Town Hall) 10:30am Mahjong (Main Street) 2:00pm Town Hall Pub 3:30pm Cribbage (Town Hall)	15 10:00am Morning Crosswords 11:00am Humour 1:30pm Community Centre (Art Studio) 3:00pm Spa & Relaxation 4:00pm 1:1 Visits
16 10:00am Hymn Sing (Art Studio) 10:45am Studio Social (Art Studio) 1:30pm Exercise 3:00pm Summer Trivia 4:00pm Sensory Cart	17 10:00am Remember When...My First Job 11:00am Gardening Watering 1:30pm Jeopardy 1:30pm Veterans Group with Michelle (Art Studio) 3:30pm Name that Tune	18 10:00am Art Studio Open 10:00am Bingo (Town Hall) 1:30pm Golf out side 1:30pm Art Studio Open 1:30pm Ice Cream Social 3:00pm Sensory Cart 3:00pm Sing-a-long	19 Library Collection 10:00am Show And Tell with BACI (Main Street) 10:00am Music and Memories (MT) 1:30pm Art Studio Open 1:30pm Creative Corner (Art Studio) 1:30pm Hand Chime Choir (MT) 2:00pm Mahjong (Main Street) 3:00pm Individual Music Therapy (MT) 3:15pm Cribbage 3:15pm Magic Table (Art Studio)	20 10:00am Famous Faces 10:30am Catholic Mass (Town Hall) 11:00am Heart for Music 1:30pm Bocce 1:30pm Art Studio Open 1:30pm Main Street Music Jam! (MT) 1:30pm Resident Council Meeting (Town Hall) 3:00pm Scrabble Groups 4:00pm Library Delivery	21 10:00am Bingo (Town Hall) 10:30am Mahjong (Main Street) 2:00pm Town Hall Pub 3:30pm Cribbage (Town Hall)	22 10:00am Active Games 11:00am Heart for Music 1:30pm Community Centre (Art Studio) 3:00pm Brain Games 4:00pm Gardening
23 10:00am Hymn Sing (Art Studio) 10:45am Studio Social (Art Studio) 1:30pm Bocce Ball 3:00pm Short Stories in the	24	25 10:00am Art Studio Open 10:00am Bingo (Town Hall) 1:30pm Art Studio Open 1:30pm Ice Cream Social	26 10:00am Creative Arts with BACI Daycare (Art Studio) 10:00am Music and Memories (MT)	27 10:00am Famous Faces 10:30am Catholic Mass (Town Hall) 11:00am Heart for Music	28 10:00am Bingo (Town Hall) 10:30am Mahjong (Main Street) 2:00pm Town Hall Pub 3:30pm Cribbage (Town Hall)	29 10:00am Morning Crosswords 11:00am Humour 1:30pm Community Centre (Art Studio)

Garden 4:00pm Heart for Music		3:00pm Table Games on the Patio	10:30am Mahjong (Main Street) 1:30pm Art Studio Open 1:30pm Hand Chime Choir (MT) 3:00pm Individual Music Therapy (MT) 3:15pm Magic Table (Art Studio)	1:30pm Main Street Music Jam! (MT) 3:00pm Scrabble Groups		3:00pm Exercise 4:00pm 1:1 Visits
30 10:00am Hymn Sing (Art Studio) 10:45am Studio Social (Art Studio) 1:30pm Walking Club 3:00pm General Knowledge Trivia 4:00pm Sensory Cart	31 10:00pm Spa & Relaxation					

LNDR - Dining Room

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library