

# August 2026

## BSTN EAST



| Sunday                                                                                                        | Monday                                                                                               | Tuesday                                                                                                     | Wednesday                                                                                   | Thursday                                                                                                                                                                               | Friday                                                                                  | Saturday |
|---------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------|
|                                                                                                               |                                                                                                      |                                                                                                             |                                                                                             |                                                                                                                                                                                        |                                                                                         | 1        |
| 2<br>10:00am Hymn Sing (Art Studio)<br>1:30pm Active Games<br>3:00pm Musical Bingo<br>4:00pm Heart for Music  | 3<br>BC Day Holiday                                                                                  | 4<br>10:00am Bingo (Town Hall)                                                                              | 5<br>10:00am Balloon Ball and Stretch<br>11:00am 1:1 Visits (Social)                        | 6<br>10:30am Catholic Mass (Town Hall)<br>2:30pm Table Games<br>3:30pm Short Stories<br>4:00pm Walking Club                                                                            | 7<br>10:00am Bingo (Town Hall)<br>1:30pm Artist Spotlight (MT)<br>2:00pm Town Hall Pub  | 8        |
| 9<br>1:30pm Active Games<br>3:00pm Word Games<br>4:00pm Dining Room Social                                    | 10<br>10:00am Trivia<br>11:00am 1:1 Visits                                                           | 11<br>10:00am Bingo (Town Hall)<br>1:30pm Table Games<br>3:00pm Walking Club<br>4:00pm Sensory Cart         | 12<br>10:00am Balloon Ball and Stretch<br>11:00am 1:1 Visits (Social)                       | 13<br>10:30am Catholic Mass (Town Hall)<br>2:30pm Table Games<br>3:30pm Sensory Cart<br>4:00pm Walking Club                                                                            | 14<br>10:00am Bingo (Town Hall)<br>1:30pm Artist Spotlight (MT)<br>2:00pm Town Hall Pub | 15       |
| 16<br>1:30pm Active Games<br>3:00pm Word Games<br>4:00pm Dining Room Social                                   | 17<br>10:00am Trivia<br>11:00am 1:1 Visits                                                           | 18<br>10:00am Bingo (Town Hall)<br>1:30pm Song Lyric Scramble<br>3:00pm Patio Social<br>4:00pm Sensory Cart | 19<br>Library Collection<br>10:00am Balloon Ball and Stretch<br>11:00am 1:1 Visits (Social) | 20<br>10:30am Catholic Mass (Town Hall)<br>1:30pm Resident Council Meeting (Town Hall)<br>2:30pm Table Games<br>3:30pm Short Stories<br>4:00pm Library Delivery<br>4:00pm Walking Club | 21<br>10:00am Bingo (Town Hall)<br>1:30pm Artist Spotlight (MT)<br>2:00pm Town Hall Pub | 22       |
| 23<br>1:30pm Active Games<br>3:00pm Word Games<br>4:00pm Dining Room Social                                   | 24<br>10:00am Shuffle Board                                                                          | 25<br>10:00am Bingo (Town Hall)<br>1:30pm Table Games<br>3:00pm Walking Club<br>4:00pm Sensory Cart         | 26<br>10:00am Balloon Ball and Stretch<br>11:00am 1:1 Visits (Social)                       | 27<br>10:30am Catholic Mass (Town Hall)<br>12:00pm BBQ - SCDR<br>2:30pm Table Games<br>3:30pm Sensory Cart<br>4:00pm Walking Club                                                      | 28<br>10:00am Bingo (Town Hall)<br>1:30pm Artist Spotlight (MT)<br>2:00pm Town Hall Pub | 29       |
| 30<br>10:00am Hymn Sing (Art Studio)<br>1:30pm Active Games<br>3:00pm Musical Bingo<br>4:00pm Heart for Music | 31<br>10:00am Shuffle Board<br>1:30pm Baking Oatmeal<br>Chocolate Chip Cookies<br>3:00pm Magic Table |                                                                                                             |                                                                                             |                                                                                                                                                                                        |                                                                                         |          |

SCDR - Dining Room  
\*Please note that programs are subject to change without notice  
Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library