



July 2026

Main South



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 1	2 10:30am Catholic Mass (Town Hall)	3 10:00am Bingo (Town Hall) 2:00pm Town Hall Pub 3:45pm Helping Hands	4 10:00am Active Games 11:00am Helping Hands 3:00pm Short Stories 4:00pm Heart for Music
5 10:00am Hymn Sing (Art Studio) 10:45am Studio Social (Art Studio) 1:30pm Garden Games 3:15pm Table Games	6 10:00am Mobility Flow Yoga 11:00am Green Thumb Gardening 1:30pm Piano with Murray 3:15pm Guy Talk 4:00pm 1:1 Visits	7 10:00am Bingo (Town Hall) 1:30pm Active Games 1:30pm Art Studio Open 3:15pm Creative Corner 4:00pm Dining Room Visits	8 10:00am Show And Tell with BACI (Main Street) 1:30pm Art Studio Open 1:30pm Mobile Nail Spa 3:15pm Fun Facts & Quiz 4:00pm 1:1 Visits	9 10:00am Music and Memories (MT) 10:15am Balloon Toss 10:30am Catholic Mass (Art Studio) 1:30pm Art Studio Open 1:30pm Creative Corner ~ Paper Fans 1:30pm Main Street Music Jam! (MT) 3:00pm Individual Music Therapy (MT) 3:00pm Magic Table (Art Studio)	10 10:00am Bingo (Town Hall) 10:30am Mahjong (Main Street) 2:00pm Town Hall Pub 3:30pm Cribbage (Town Hall) 3:45pm Welcoming the New Residents	11 10:00am Outdoor Walks 11:00am Helping Hands 1:30pm Community Centre (Art Studio) 3:00pm Trivia 4:00pm Heart for Music
12 10:00am Hymn Sing (Art Studio) 10:45am Studio Social (Art Studio) 1:30pm Summer Sunday Cup Series (Townhall) 3:30pm Name that Tune	13 10:00am Mobility Flow Yoga 11:00am Green Thumb Gardening 1:30pm Crosswords 3:15pm Ice Cream Cart 4:00pm 1:1 Visits	14 10:00am Art Studio Open 10:00am Bingo (Town Hall) 1:30pm Art Studio Open 1:30pm Veterans Group with Michelle (Main Street) 4:00pm Dining Room Visits	15 10:00am Exercise & Stretch 10:30am Mahjong (Art Studio) 2:00pm Birthday Party with The Timeliners (Town Hall) 3:45pm Green Thumb Gardening	16 10:00am Music and Memories (MT) 10:30am Catholic Mass (Town Hall) 10:30am Shuffle Board (Art Studio) 1:30pm Art Studio Open 1:30pm Main Street Music Jam! (MT) 2:00pm Creative Corner Craft & Reminisce 3:00pm Individual Music Therapy (MT)	17 10:00am Bingo (Town Hall) 10:30am Mahjong (Main Street) 2:00pm Town Hall Pub 3:30pm Cribbage (Town Hall) 3:45pm Helping Hands	18 10:00am Exercise 11:00am Helping Hands 1:30pm Community Centre (Art Studio) 3:00pm Sing-a-long 4:00pm Sensory Cart
19 10:00am Hymn Sing (Art Studio) 10:45am Studio Social (Art Studio) 1:30pm Summer Sunday Cup Series (Townhall) 3:30pm Word Games on the Patio	20 10:00am Mobility Flow Yoga 11:00am Green Thumb Gardening 1:30pm Crosswords 3:00pm Spa & Relaxation 3:15pm Reminiscing 4:00pm 1:1 Visits	21 10:00am Art Studio Open 10:00am Bingo (Town Hall) 1:30pm Active Games 1:30pm Art Studio Open 3:00pm Multisensory Room 4:00pm Dining Room Visits	22 Library Collection 10:00am Show And Tell with BACI (Main Street) 1:30pm Mobile Nail Spa 3:15pm Fun Facts & Quiz 4:00pm 1:1 Visits	23 10:00am Music and Memories (MT) 10:30am Catholic Mass (Town Hall) 1:30pm Main Street Music Jam! (MT) 1:30pm Resident Council Meeting (Town Hall) 3:00pm Individual Music Therapy (MT) 4:00pm Library Delivery	24 10:00am Bingo (Town Hall) 10:30am Mahjong (Main Street) 2:00pm Town Hall Pub 3:30pm Cribbage (Town Hall) 3:45pm Welcoming the New Residents	25 10:00am Exercise 11:00am Helping Hands 1:30pm Community Centre (Art Studio) 3:00pm Trivia 4:00pm Montessori Puzzles
26 10:00am Hymn Sing (Art Studio) 10:45am Studio Social (Art Studio)	27	28 10:00am Art Studio Open 10:00am Bingo (Town Hall) 1:30pm Active Games 1:30pm Art Studio Open 3:00pm Multisensory Room 4:00pm Dining Room Visits	29 10:30am Mahjong (Art Studio)	30 10:00am Music and Memories (MT) 10:30am Catholic Mass (Town Hall) 1:30pm Main Street Music Jam! (MT) 3:00pm Individual Music Therapy (MT) 3:30pm Table Games	31 10:00am Bingo (Town Hall) 10:30am Mahjong (Main Street) 2:00pm Town Hall Pub 3:30pm Cribbage (Town Hall) 3:45pm Helping Hands	

*Please note that programs are subject to change without notice
Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library

