

YOUR GO TO



RESOURCE LIST



EMERGENCY & CRISIS SUPPORT

9-1-1

Call immediately if someone is in danger, injured, or facing an urgent threat.

KEY ELDER ABUSE SUPPORT LINES (BC)

Seniors Abuse & Information Line (SAIL)

- 604-437-1940
- 1-866-437-1940 (toll-free, 8am–8pm daily)

SAIL offers emotional support, safety planning, legal info, and referral for all forms of elder abuse.

KEY ELDER ABUSE SUPPORT LINES (BC)

VictimLinkBC (24/7, multilingual)

- 1-800-563-0808

Provides crisis support, information, and referrals for victims of family or sexual violence, including older adults.

REPORTING ABUSE, NEGLECT, OR SELF-NEGLECT (BC HEALTH AUTHORITIES)

For adults who cannot seek help on their own:

- **Northern Health – Adult Protection Line:** 1-844-465-7414
- **Interior Health – Office for Vulnerable Adults:** 1-844-870-4754
- **Vancouver Coastal Health – ReAct Program:** 1-877-732-2899 (REACT-99)

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REPORTING ABUSE, NEGLECT, OR SELF-NEGLECT (BC HEALTH AUTHORITIES)

Island Health:

- **South Island:** 1-888-533-2273
- **Central Island:** 1-877-734-4101
- **North Island:** 1-866-928-4988

Fraser Health – Abuse & Neglect: 1-877-732-2808 (REACT-08)

LEGAL, GUARDIANSHIP & FINANCIAL PROTECTION

Public Guardian and Trustee of BC (PGT)

To report abuse by a substitute decision-maker or financial exploitation.

- 604-660-4444
- 1-800-663-7867 (Service BC)
- www.trustee.bc.ca

LEGAL, GUARDIANSHIP & FINANCIAL PROTECTION

Consumer Protection BC

Questions about consumer rights, contracts, scams, and unfair business practices.

- 1-888-564-9963

Dial-A-Law (Canadian Bar Association BC Branch)

Legal scripts on wills, estate planning, income rights, common-law relationships and more.

- 1-800-565-5297
- www.cbabc.org.

LEGAL, GUARDIANSHIP & FINANCIAL PROTECTION

BC Securities Commission – Report Investment Fraud

- 604-899-6854
- 1-800-373-6393
- www.InvestRight.org.

Protects against Ponzi schemes, investment fraud, and scam artists.

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ELDER ABUSE, NEGLECT & HEALTHY RELATIONSHIP RESOURCES

SeniorsBC – Elder Abuse, Consumer Protection, Advance Care Planning
www.SeniorsBC.ca

Provides information about healthy relationships, elder abuse prevention and dating safety.

ELDER ABUSE, NEGLECT & HEALTHY RELATIONSHIP RESOURCES

Domestic Violence BC (Government of BC): www.domesticviolencebc.ca

Information on family violence, safety planning, and how to get help.

Provincial Office of Domestic Violence: www.mcf.gov.bc.ca/podv

COMMUNITY ORGANIZATIONS

BC Association of Community Response Networks (BCCRN)

Local CRNs that prevent abuse, educate communities, and connect adults to support.
www.bccrns.ca

BC Association of Aboriginal Friendship Centres

Elder programs, cultural safety resources, and educational videos. www.bcaafc.com

PERSONAL SAFETY, DATING & HEALTHY RELATIONSHIPS (OLDER ADULTS)

Legal Services Society (LSS) – Living Together or Apart

Rights and responsibilities for common-law relationships. www.lss.bc.ca

HealthLink BC – Sexual Health & STI Information: www.healthlinkbc.ca

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FINANCIAL ABUSE, SCAMS & FRAUD PREVENTION

InvestRight (BC Securities Commission)

Fraud warning signs, scam prevention, how to spot Ponzi schemes.

www.InvestRight.org

COMMUNITY & CAREGIVER SUPPORT (BC)

Family Caregivers of BC (FCBC)

Peer support, 1:1 coaching, webinars, and provincial caregiver resources.

- Provincial Caregiver Support Line: 1-877-520-3267

BC 211

Dial 2-1-1 for community, social, and government services including respite, meals, housing supports, mental health, and seniors' programs.

COMMUNITY & CAREGIVER SUPPORT (BC)

Brella Community Services Society – Seniors & Caregiver Resource Directory

A comprehensive, easy-to-use directory connecting older adults and caregivers to programs, services, support groups, housing options, health services, social programs, transportation, financial supports, safety services, and community organizations across BC. **Directory:** <https://www.brellasociety.ca/directory>

MENTAL HEALTH, FAMILY SUPPORT & RELATIONSHIP SAFETY

Sashbear Foundation – Family Skills, DBT Education & Suicide Prevention

A national organization providing free programs that teach DBT-based skills for families supporting loved ones with emotional regulation challenges, relationship conflict, or self-harm risk. **Website:** <https://sashbear.org/>