

Family Council – Meeting Minutes

April 14, 2026 2:30-3:30 pm (Boardroom & Teams Meet)

Attendees: Dave, Newton, Sue, Lorena, Sohila (Sue & Lorena via Teams)

Regrets: John, Lorraine, Dale, Don, Mimi, Albert

- I. Call to order at 2:40 pm
- II. Land acknowledgement
- III. Welcome / Introductions
Sue & Lorena joining via Teams Online
- IV. Review of Agenda for today's meeting
- V. Approve previous meeting minutes of March 11, 2026

VI. Unfinished Business

1) Letters to BC Ministry of Health regarding cutbacks in Long Term Care Homes

Sohila attended a conference and her MLA was there and confirmed that she had received some letters and that they had been forwarded to the BCMH. There is an upcoming meeting that Sohila will be invited to attend and she will report back to FC .

2) Requests regarding leaving food on the tables longer

Ava has recommended that we speak with the unit desk when wanting individualized, specific requests regarding food being left at the table longer for our loved one.

3) Cable TV in the common areas

The televisions in the cafeterias and the hallways do have cable TV. Lorena will clarify specifically what was wanted and report back.

4) Communication with families when there is an illness outbreak

Ava confirmed that usually there is a notice posted and messages sent out to families when such an occurrence arises. It was simply a mishap in this last case of a Noro Virus outbreak that the usual procedure wasn't followed.

VII. New Business

- 1) Sohila will be attending the ILLTCCABC meeting on April 20th and will take notes to share with us at GDC Family Council.
- 2) Brenda Millar has left GDFC as her Dad passed away March 28, 2026. Lorraine Bardaro's mother passed away recently. Lorena will send out cards of sympathy to these 2 people. Sohila will send out an updated members list.
- 3) Care RX is being replaced by Inlet Pharmacy as the Medications provider for George Derby Care Centre as of May 1st. It seems some of us received letters about this and not others.
- 4) Lorena and John attended a ZOOM presentation by Lisa Dawson of the ILTCCABC . Lorena gave a short overview of some of the presentation, but because of time constraints, Sohila will be forwarding the Power Point Presentation to all of us so we can benefit from this great talk.
- 5) There was a discussion about how to prevent the spread of germs from resident to resident. We wondered what the policy is , and/or what the barriers might be, with regards to isolating a

resident who is sick so that they eat their meals in their room rather than at the table of 4 people. Also, we wondered if there is such a policy in place for isolating a resident who has returned to GDC after perhaps a hospital stay where they might have been exposed to sick people.

- 6) GDCC is looking for volunteers to help with their gardening chores now that Spring is into gear. Newton, Dave, and Sohila have offered to volunteer for this.
- 7) Meeting adjourned at 3:30 (at least the online meeting!) 😊
- 8) Next meeting has been booked by Brittany for Wednesday May 13, 2026 from 2:30-4:00