



# April 2026

## Main North

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Library Collection 10:00 Spring flowers painting (West lounge) 10:00 Chair Tai Chi 10:30 Mahjong (East lounge) 11:00 Main Street Strolls 1:30 Active Games 1:30 Crosswords	2 10:30 Spring flowers painting (West lounge) 10:30 Chair Stretches 2:00 Easter Tea 4:00 Library Delivery 4:00 1:1 Visits (Social)	3 	4 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Japanese Cherry Blossom Crafts 3:30 1:1 Visits (Spiritual)
5 10:00 Hymn Sing 10:45 Tea & Chat 1:30 Name that Tune 3:00 Table Games 4:00 Walking Club	6 	7 MN Studio Day 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Bingo (Art Studio) 1:30 Piano Music with Bowie (MT) 3:00 Cribbage (Art Studio) 3:00 Individual Music Therapy (MT)	8 10:00 Chair Yoga 11:00 Heart for Music 1:30 Active Games 3:00 Name that Tune 4:00 1:1 Visits (Spiritual)	9 10:20 Legion Outing #8: White Rock 10:30 Catholic Mass (Town Hall) 1:30 Active Game 3:00 Mahjong 3:00 Multisensory Room 4:00 1:1 Visits (Spiritual)	10 10:00 Bingo (West Lounge) 1:30 Happy Hour & Concert 3:15 Cribbage (West lounge)	11 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Mind and Motion
12 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Ice Cream Carts 3:00 Spa & Relaxation 4:00 Helping Hands	13 10:00 Helping Hands 1:30 Afternoon Trivia 3:00 No Bake Cheesecake 4:00 Name that Tune	14 MN Studio Day 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Art Studio Open 1:30 Shuffle Board & Pool 2:00 Country of the Month: Japan (Town Hall) 3:00 Cribbage (Art Studio) 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio)	15 10:00 Exercise and Stretches 10:30 Mahjong (Main Street) 11:00 Heart for Music 1:30 Art Studio Open 2:00 Birthday Party with The Timeliners (Town Hall) 3:45 Who am I?	16 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Active Game 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 3:00 Multisensory Room 4:00 1:1 Visits (Spiritual)	17 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Mark Wolfe 3:30 Cribbage (Town Hall) 4:00 1:1 Visits (Physical)	18 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 1:1 Visits (Spiritual)
19 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 5 Card Bingo 3:00 Oneness Choir (Town Hall) 4:00 Walking Club	20 1:30 Piano with Murray	21 MN Studio Day 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Shuffle Board & Pool 1:30 Art Studio Open 1:30 Piano Music with Bowie (MT) 1:30 Chinese Tea Social 3:00 Cribbage (Art Studio) 3:00 Individual Music Therapy (MT)	22 10:00 Art Studio Open 10:00 Show & Tell Circle Time with BACI Daycare (Main St.) 1:30 Active Games 2:00 Mahjong (Main Street) 3:15 Who am I? 4:00 1:1 Visits (Physical)	23 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Active Game 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Veterans Group with Michelle (Town Hall) 3:00 Multisensory Room 4:00 1:1 Visits (Physical)	24 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Mike & Marie Cronin 3:30 Cribbage (Town Hall) 4:00 Sensory Cart	25 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Mind and Motion
26 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Brain Games 3:00 Discussion Group-This Day in History 4:00 Helping Hands	27 10:00 Chair Tai Chi 10:45 News & Views 11:00 Heart for Music 2:30 Music with John Knox (Town Hall) 3:30 Sing-a-long	28 MN Studio Day 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Garden Clean Out 1:30 Piano Music with Bowie (MT) 3:00 Individual Music Therapy (MT)	29 Library Collection 10:00 Spring Flowers painting (west lounge) 10:00 Chair Tai Chi 10:30 Mahjong (Main Street) 11:00 Main Street Strolls 1:30 Garden Clean Out 2:00 Silverchord Choir (Town Hall)	30 8:30 Vancouver Symphony Orchestra Outing 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Garden Clean Out 1:30 Main Street Music Jam! (MT) 4:00 Library Delivery 4:00 Board Decor & Calendar Delivery		

\*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library

