

May 2026

Main North

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|---|---|
| | | | | | 1 | 2 |
| | | | | | 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall) | 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Helping Hands |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:15 Garden Planting | 10:00 Gardening 10:45 News & Views 11:00 Heart for Music 1:30 Concert Series 1:30 Gardening | 10:00 Bingo (Town Hall) 10:00 Gardening 10:00 Individual Music Therapy (MT) 1:30 Gardening 1:30 Cinco de Mayo Margarita Cart! 1:30 Piano Music with Bowie (MT) 3:00 Individual Music Therapy (MT) | 10:00 Gardening 10:30 Mahjong (Main Street) 1:30 Gardening 1:30 Movie Matinee | 10:00 Chair Tai Chi 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:45 News & Views 2:00 Mother's Day Tea (Town Hall) 4:00 1:1 Visits (Spiritual) | 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall) 4:00 Sensory Cart | 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:15 Ice Cream Carts |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Name that Tune 3:00 Table Games 4:00 Helping Hands | 10:00 Chair Tai Chi 11:00 Heart for Music 1:30 Afternoon Trivia 3:00 Short Stories 4:00 1:1 Visits (Physical) | 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Shuffle Board & Pool (Art Studio) 1:30 Art Studio Open 1:30 Chinese Tea Appreciation (Art Studio) 1:30 Piano Music with Bowie (MT) 1:30 Veterans Group with Michelle (Town Hall) 3:00 Cribbage (Art Studio) 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio) | 10:00 Art Studio Open 10:00 Exercise-Chair Stretches 11:00 Bowling Outing 11:00 Main Street Strolls 1:30 Active Games 1:30 Art Studio Open 3:00 Name that Tune 4:00 Outdoor Walks | 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Active Games 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 3:00 Multisensory Room 4:00 Helping Hands | 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall) 4:00 1:1 Visits (Physical) | 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Helping Hands |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) |  | 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 1:30 Piano Music with Bowie (MT) 3:00 Individual Music Therapy (MT) | 10:00 Art Studio Open 10:00 Chair Yoga 11:00 Heart for Music 1:30 Art Studio Open 2:00 Birthday Party with the Fera Brothers (Town Hall) 4:00 Helping Hands | 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Legion Outing #229 1:30 Art Studio Open 1:30 Jeopardy 1:30 Main Street Music Jam! (MT) 3:00 Multisensory Room 4:00 Sensory Cart | 10:00 Bingo (Town Hall) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall) | 1:30 Community Centre (Art Studio) |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Name that Tune 3:00 Table Games 4:00 Helping Hands | 10:00 Chair Tai Chi 11:00 Heart for Music 1:30 Helping Hands 2:30 Music with John Knox (Town Hall) 4:00 1:1 Visits (Social) | 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Shuffle Board & Pool (Art Studio) 1:30 Art Studio Open 2:00 Country of the Month- Welcome to Ireland 3:00 Individual Music Therapy (MT) | Library Collection 10:00 Art Studio Open 1:30 Art Studio Open | 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 4:00 Library Delivery | 10:00 Bingo (Town Hall) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall) | 1:30 Community Centre (Art Studio) |
| 31 | | | | | | |
| 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Discussion Group-World Turtle Day 3:00 Spa & Relaxation 3:45 Board Decor & Calendar Delivery | | | | | | |

*Please note that programs are subject to change without notice
Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library

