

May 2026

Lower North



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall)	10:00 Strength Training With Weights 11:00 Heart for Music 1:30 Community Centre (Art Studio) 1:30 Art Studio Open Fascinator 3:00 Brain Games 4:00 News & Views
3	4	5	6	7	8	9
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:15 Garden Planting	10:00 Gardening 1:30 Concert Series 1:30 Gardening 1:30 Piano with Murray	10:00 Bingo (Town Hall) 10:00 Gardening 1:30 Gardening 1:30 Cinco de Mayo Margarita Cart!	10:00 Garden Planting with BACI Daycare (Butterfly Garden) 10:00 Music and Memories (MT) 10:30 Mahjong (Main Street) 1:30 Gardening 1:30 Hand Chime Choir (MT) 1:30 Movie Matinee 3:00 Individual Music Therapy (MT)	10:30 1:1 Visits 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 2:00 Mother's Day Tea (Town Hall) 3:30 Heart for Music 3:30 Spa & Relaxation	10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall)	10:00 Morning Crosswords 11:00 Humour 1:30 Community Centre (Art Studio) 3:00 Sorting Ball Game 4:00 Sensory Cart
10	11	12	13	14	15	16
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Outdoor Walks 3:00 Documentary Series 4:00 Sensory Cart	10:00 Morning Exercise 10:00 Creative Corner 10:45 News & Views 11:00 1:1 Visits (Social) 1:30 Ice Cream Social 1:30 Jeopardy 3:00 Heart for Music 3:30 Sing-a-long	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Art Studio Open 1:30 Chinese Tea Appreciation (Art Studio) 1:30 Exercise 1:30 Remember When....The White Spot Restaurant 1:30 Veterans Group with Michelle (Town Hall) 3:15 Name that Tune - 40's 50's & 60's 3:15 Walking Club 4:00 Heart for Music	10:00 Art Studio Open 10:00 Show and Tell with BACI Daycare (Art Studio) 10:00 Music and Memories (MT) 10:00 Shuffle Board (Art Studio) 11:00 Bowling Outing 1:30 Art Studio Open 1:30 Hand Chime Choir (MT) 1:30 Jeopardy (Art Studio) 1:30 Puzzles (Art Studio) 3:00 Individual Music Therapy (MT) 3:15 Yatzhee (Art Studio) 3:15 Magic Table (Art Studio)	10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Art Studio Open 1:30 Gentle Stretch with Weights 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 3:00 Scrabble Groups	10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall)	10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:00 Brain Games 4:00 Green thumb program
17	18	19	20	21	22	23
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Outdoors Walks 3:00 Spa & Relaxation 4:00 Social Visits		10:00 Bingo (Town Hall) 1:30 Crosswords 1:30 Exercise 3:15 Name that Tune	10:00 Art Studio Open 10:00 Creative Arts with BACI Daycare (Art Studio) 10:00 Music and Memories (MT) 1:30 Art Studio Open 1:30 Baking (Art Studio) 1:30 Hand Chime Choir (MT) 2:00 Birthday Party with the Fera Brothers (Town Hall) 3:00 Individual Music Therapy (MT) 3:00 Trivial Pursuit (Art Studio) 3:15 Magic Table (Art Studio)	10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Legion Outing #229 1:30 Art Studio Open 1:30 Ice Cream Social 1:30 Main Street Music Jam! (MT) 2:30 Who, What, Where Am I? 3:30 Sing-a-long	10:00 Bingo (Town Hall) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall)	10:00 Morning Crosswords 11:00 Humour 1:30 Community Centre (Art Studio) 1:30 Art Studio Open World Turtle Day Craft 3:00 Walking Club 4:00 Green thumb Program
24	25	26	27	28	29	30
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Garden Walks 3:00 Spa & Relaxation 4:00 Sensory Cart	10:00 Exercise 11:00 1:1 Visits (Social) 1:30 Montessori Puzzles 2:30 Music with John Knox (Town Hall) 4:00 Heart for Music	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 2:00 Country of the Month- Welcome to Ireland 3:15 Heart for Music 3:45 Table Games	Library Collection 10:00 Art Studio Open 10:00 Show and Tell with BACI Daycare (Art Studio) 10:00 Music and Memories (MT) 10:00 Shuffle Board (Art Studio) 1:30 Art Studio Open 1:30 Creative Corner (Art Studio) 1:30 Hand Chime Choir (MT) 3:00 Individual Music Therapy (MT) 3:00 Jeopardy (Art Studio) 3:15 Magic Table (Art Studio)	10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Art Studio Open 1:30 Popsicles and Chats 1:30 Main Street Music Jam! (MT) 2:45 Scattagories 3:00 Sensory Cart 4:00 Library Delivery	10:00 Bingo (Town Hall) 2:00 Town Hall Pub 3:30 Cribbage (Town Hall)	10:00 Active Games 11:00 Short Stories 1:30 Community Centre (Art Studio) 3:00 Ice cream Outdoor Social 4:00 Green Thumb Program
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10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Nature Walks 3:00 Creative Corner 3:45 Board Decor & Calendar Delivery						

*Please note that programs are subject to change without notice
Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library