

April 2026

Lower North

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Library Collection 10:00 Active Games 10:00 Music and Memories (MT) 11:00 Outdoor Walks 1:30 Short Stories 3:00 Individual Music Therapy (MT) 3:15 Table Games	2 10:30 Exercise 2:00 Easter Tea 4:00 Library Delivery	3 GOOD FRIDAY	4 10:00 Active Games 11:00 Heart for Music 1:30 Spa & Relaxation 3:00 Bunny Tales Story Swap 3:30 Trivia 4:00 Walking Club
5 10:00 Hymn Sing 10:45 Tea & Chat 1:30 Active Games 3:00 Book Club 4:00 Heart for Music	6 	7 10:00 Bingo (West Lounge) 1:30 Exercise 3:15 Sing-a-long with Tracey 4:00 Dining Room Visits	8 10:00 Shuffleboard (Art Studio) 10:00 Music and Memories (MT) 1:30 Cherry Blossom Craft (Art Studio) 3:00 Individual Music Therapy (MT) 3:00 Yogasize	9 10:20 Legion Outing #8: White Rock 10:30 Trivia 1:30 Strength Training with Weights 1:30 Creative Corner 1:30 Music Jam! (MT) 3:00 Nails n' Polish 3:00 Afternoon Trivia 4:00 1:1 Visits 4:00 Heart for Music	10 10:00 Bingo (West Lounge) 10:30 Mahjong (Dining Room) 1:30 Happy Hour & Concert 3:30 Cribbage (West Lounge)	11 10:00 Morning Crosswords 11:00 Humour 1:30 Community Centre (Art Studio) 3:00 Jeopardy 4:00 Reminisce
12 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Exercise 3:00 Trivia 4:00 Sensory Cart	13 10:00 Morning Exercise 10:45 News & Views 1:30 Piano with Murray 3:00 No Bake Cheesecake 4:00 Heart for Music	14 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Art Studio Open 2:00 Country of the Month: Japan (Town Hall) 4:00 Heart for Music 4:00 Walking Club	15 10:00 Creative Arts with BACI Daycare (Art Studio) 10:00 Music and Memories (MT) 10:30 Mahjong (Main Street) 1:30 Art Studio Open 1:30 Spring Crafts (Art Studio) 2:00 Birthday Party with The Timeliners (Town Hall) 3:00 Individual Music Therapy (MT) 3:00 Jeopardy (Art Studio) 3:15 Magic Table (Art Studio)	16 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Helping Hands 11:00 Heart for Music 1:30 Art Studio Open 1:30 Ice Cream Social (Outdoors - weather permitting) 1:30 Main Street Music Jam! (MT) 1:30 Mysteries of the Deep: The Titanic 1:30 Resident Council Meeting (Town Hall) 3:00 Active Games 3:15 Over & Under 4:00 Walking Club	17 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Mark Wolfe 3:30 Cribbage (Town Hall)	18 10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:00 Brain Games 4:00 Color Me Calm
19 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Active Games 3:00 Oneness Choir (Town Hall) 3:00 Book Club 4:00 Heart for Music	20 10:00 Morning Exercise 10:45 News & Views 1:30 Crosswords 3:15 Name that Tune 4:00 Dining Room Visits	21 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Art Studio Open 1:30 Painting Corner - Spring has Sprung 1:30 Chinese Tea Social 3:00 Yahtzee 4:00 Old Wives Tales	22 10:00 Art Studio Open 10:00 Show & Tell Circle Time with BACI Daycare (Main St.) 10:00 Music and Memories (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Baking (Art Studio) 1:30 Hand Chime Choir (MT) 2:00 Mahjong (Main Street) 3:00 Card Games (Art Studio) 3:00 Individual Music Therapy (MT) 3:15 Magic Table (Art Studio)	23 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Hockey 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Veterans Group with Michelle (Town Hall) 3:00 Afternoon Trivia 3:00 Yogasize	24 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Mike & Marie Cronin 3:30 Cribbage (Town Hall)	25 10:00 Morning Crosswords 11:00 Humour 1:30 Community Centre (Art Studio) 3:00 Sorting Ball Game 4:00 Walking Club
26 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Exercise 3:00 Trivia 4:00 Sensory Cart	27 10:00 Morning Exercise 10:45 News & Views 1:30 On this day in....1947 2:30 Music with John Knox (Town Hall) 3:45 Jeopardy	28 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Garden Clean Out	29 Library Collection 10:00 Creative Arts with BACI Daycare (Art Studio) 10:00 Music and Memories (MT) 10:30 Mahjong (Main Street) 1:30 Garden Clean Out 1:30 Hand Chime Choir (MT) 2:00 Silverchord Choir (Town Hall) 3:00 Individual Music Therapy (MT)	30 8:30 Vancouver Symphony Orchestra Outing 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 11:00 Spring Board Decor 1:30 Garden Clean Out 1:30 Main Street Music Jam! (MT) 4:00 Library Delivery 4:00 Board Decor & Calendar Delivery		

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library