

George Derby Centre (GDC)

Family Council – Meeting Minutes

February 11, 2026, 2:30 – 3:30 pm (Boardroom & Google Meet)

Attendees: Albert, Lorraine, John, Newton, Dale, Sohila

Guests: Mallory, Brittaney

Regrets : Dave, Don, Mimi, Brenda, Lorena

Topic	Discussion	Action	Person Responsible
1) Call to order at 2:30 pm			Chairperson
2) Land Acknowledgement			Chairperson
3) Welcome / Introductions			All
4) Review of Agenda		Approved	All
5) Approve of Previous Meeting Minutes dated	Jan 11, 2026, Minutes	Approved	All
6) Councillor’s reports:	<i>Mallory, Recreational manager</i>		
- How are recreation activities planned, and what is working well?	Recreation activities are planned based on therapeutic recreation principles and assessments of residents’ needs. A questionnaire is used to gather information, and the committee also consults with residents and families to determine which programs best suit everyone. Planning considers several areas of evaluation, including physical, emotional, and cultural needs (for example, offering culturally meaningful activities such as Chinese teas. After each event, an evaluation form is completed to assess what worked well and identify areas for improvement.	N/A	N/A
- How can families best support activities,	Families can support activities—especially on weekends and holidays—by applying to	N/A	N/A

<p>especially on weekends and holidays?</p>	<p>become volunteers and submitting the completed application form to the Recreation Committee. The commitment is typically two hours per week. As part of the application process, volunteers are required to provide a Criminal Record Check, a completed general application form, an immunization declaration, and two references as a condition of acceptance into the volunteer program.</p> <p>Once approved, volunteers can assist with activities such as playing cards or Bingo with residents. In addition, the Family Council may consider supporting outdoor initiatives, such as adopting and maintaining a section of the GDC garden or assisting with seasonal clean-up.</p>		
<p>- Can more large group activities be scheduled from 1-3 pm, and where can families find upcoming event information:</p>	<p>The size and frequency of group activities are guided by residents' needs and interests. Currently, large group events are typically held once a week and may include programs such as Pub Town Hall, birthday celebrations, Bingo, live music, and seasonal events.</p> <p>Families can find information about upcoming activities on the GDC website under the Newsletter and Calendar sections. Schedules are also posted on unit bulletin boards and in residents' rooms (e.g., bathroom for visibility).</p> <p>In addition, the recreation team collaborates with students from Cariboo Hill Secondary School and Hall Elementary School to support volunteer involvement and intergenerational programming.</p>	<p>N/A</p>	<p>N/A</p>

7) UNFINISHED business:			
- Follow-up with the temperature of the dinning room, particularly in the MN.	The issue resolved.	N/A	N/A
- Discuss & select the guest speaker for March meeting.	No suggestion	All	All
8) NEW businesses			
- Family Council responsibilities and action.	The family council operates independently. The Social Worker (SW) provides support by facilitating meetings as needed.	All	All
- Reminder of FAFC education and forum	Family Council members are encouraged to attend FAFC education sessions and forums. Meeting details, including registration links, are shared via WhatsApp.		All
9) Round Table			
- Quality of food	Family Council members are encouraged to speak with their loved ones to gather feedback about the quality of the food. Monitoring food waste can also serve as helpful indicator of resident's satisfaction with the meals provided.	All	All
Next Meeting – March. 11, 2026 (GDC Boardroom & Google Meet)			