

March 2026

Main South

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Active Games 3:15 Table Games 4:00 Dining Room Visits	2 10:00 Exercise on Music 11:00 1:1 Visits	3 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 3:00 Cribbage (Art Studio) 3:00 Multisensory Room 4:00 Star Of The Month Audrey Hepburn	4 Library Collection 10:00 Art Studio Open 10:00 Nail Spa 1:30 Art Studio Open 1:30 Family (and Friends) Feud! 2:00 Mahjong (Art Studio) 3:00 March Guy Talk 4:00 Laughing Lounge	5 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Music and Memories (MT) 10:30 Shuffle Board (Art Studio) 1:30 Art Studio Open 1:30 Creative Corner: Tulip Decor 1:30 Main Street Music Jam! (MT) 3:00 Individual Music Therapy (MT) 4:00 Library Delivery	6 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Greg Alcock 3:30 Cribbage in Townhall 3:45 1:1 Social Visits	7 10:00 Exercise on Music 11:00 Helping Hands 1:30 Community Centre (Art Studio) 3:15 5 Cards Bingo 3:45 Heart for Music
8 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Active Games 3:15 Brain Teasers 4:00 Outdoor Walks	9 10:00 Mobility Flow 11:00 Second Street Music Class (Town Hall) 1:30 Piano with Murray 3:15 Discussion Group: International Women's Day 4:00 Walk and Talk (1:1)	10 10:00 Bingo (Town Hall) 1:30 Exercise and Stretches 3:00 Multisensory Room 4:00 Short Stories	11 10:00 Art Studio Open 10:00 Show & Tell Circle Time with BACI Daycare (Main St.) 1:30 Art Studio Open 1:30 Seated Exercise 2:00 Mahjong (Art Studio) 3:15 Creative Corner: Shamrocks & Rainbows 4:00 Laughing Lounge: A Wee Bit O' Irish Humour	12 John Knox Grade 11 Day! 10:30 Catholic Mass (Town Hall) 10:30 Music and Memories (MT) 1:30 Main Street Music Jam! (MT) 3:00 Individual Music Therapy (MT)	13 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Greg Alcock 3:30 Cribbage in Townhall	14 10:00 Active Games 11:00 Helping Hands 1:30 Community Centre (Art Studio) 3:15 Sing-a-long 3:45 Walking Club
15 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Active Games 3:15 Table Games 4:00 Outdoors Walks	16 10:00 Mobility Flow 11:00 Heart for Music 1:30 No Bake Cheesecake 3:15 Discussion Group: Irish Folktales 4:00 Walk and Talk (1:1)	17 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Exercise and Stretches 1:30 Art Studio Open 2:00 Country of the Month: Ireland (Town Hall) 4:00 Reminiscing 4:00 Sensory Cart	18 10:00 Art Studio Open 10:00 Carefit Exercises 10:00 Nail Spa 11:00 Name that Tune 11:00 Short Stories: Ducking Fate 1:30 Art Studio Open 2:00 Birthday Party (Town Hall) 2:00 Mahjong (Art Studio) 4:00 Laughing Lounge: Tongue Twisters! 4:00 Main Street Walking Club	19 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Music and Memories (MT) 10:30 Shuffle Board (Art Studio) 1:30 Art Studio Open 1:30 Creative Corner: Spring Florals! 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 3:00 Individual Music Therapy (MT)	20 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Greg Alcock 3:30 Cribbage in Townhall 3:45 1:1 Social Visits	21 10:00 Exercise on Music 11:00 Helping Hands 1:30 Community Centre (Art Studio) 3:15 Spa & Relaxation 3:45 Heart for Music
22 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Active Games 3:15 Brain Teasers 4:00 Outdoors Walks	23 10:00 Mobility Flow 11:00 Heart for Music 1:30 Jeopardy 3:30 Discussion Group: National Puppy Day 4:00 Walk and Talk (1:1)	24 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 News & Views 10:30 Bus Outing 1:30 Active Games 1:30 Art Studio Open 1:30 Pokeno 1:30 Veterans Group with Michelle 3:00 Cribbage (Art Studio) 3:00 Crosswords 3:00 Multisensory Room 4:00 1:1 Visits (Social) 4:00 Helping Hands	25 10:00 Show & Tell Circle Time with BACI Daycare (Main St.) 1:30 Table Games 2:00 Mahjong (Art Studio) 3:00 Word Game: Begins With... 4:00 Main Street Walking Club	26 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Music and Memories (MT) 10:30 Shuffle Board (Art Studio) 1:30 Art Studio Open 1:30 Creative Corner 1:30 Main Street Music Jam! (MT) 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio)	27 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Greg Alcock 3:30 Cribbage in Townhall	28 10:00 Active Games 11:00 Helping Hands 1:30 Community Centre (Art Studio) 3:15 Sing-a-long 3:45 Walking Club
29 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Active Games 3:15 Table Games 4:00 Dining Room Visits	30 10:00 Mobility Flow 11:00 Heart for Music 1:30 Piano with Murray 3:15 Discussion Group: Attendees Choice! 4:00 Walk and Talk (1:1)	31 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Exercise and Stretches 1:30 Active Games 1:30 Art Studio Open 1:30 Jeopardy Trivia 3:00 Cribbage (Art Studio) 3:00 Crosswords 3:00 Multisensory Room 4:00 Heart for Music 4:00 Reminiscing				

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library