# March 2026
## Main North

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1** <br> 10:00 Hymn Sing (Art Studio) <br> 10:45 Tea & Chat (Art Studio) <br> 1:30 Brain Games <br> 3:00 Table Games <br> 4:00 Helping Hands | **2** <br> 1:30 Piano with Murray <br> 3:15 Spa & Relaxation <br> 4:00 Walking Club | **3** <br> MN Studio Day <br> 10:00 Art Studio Open <br> 10:00 Bingo (Town Hall) <br> 10:00 Individual Music Therapy (MT) <br> 10:00 Spa & Relaxation (Art Studio) <br> 1:30 Art Studio Open <br> 1:30 Piano Music with Bowie (MT) <br> 1:30 Shuffle Board & Pool <br> 3:00 Cribbage (Art Studio) <br> 3:00 Individual Music Therapy (MT) <br> 3:00 Magic Table (Art Studio) | **4** <br> Library Collection <br> 10:00 Art Studio Open <br> 10:00 Gentle Stretches and Ball Toss <br> 11:00 Heart for Music <br> 1:30 Art Studio Open <br> 1:30 Crosswords <br> 2:00 Mahjong (Art Studio) <br> 3:00 Ice Cream Social <br> 4:00 1:1 Visits (Spiritual) | **5** <br> 10:30 Art Studio Open <br> 10:30 Catholic Mass (Town Hall) <br> 1:30 Active Game <br> 1:30 Art Studio Open <br> 1:30 Main Street Music Jam! (MT) <br> 3:00 Multisensory Room <br> 4:00 Library Delivery | **6** <br> 10:00 Bingo (Town Hall) <br> 10:30 Mahjong (Main Street) <br> 2:00 Town Hall Pub with Greg Alcock <br> 3:30 Cribbage in Townhall <br> 4:00 1:1 Visits (Physical) | **7** <br> 10:00 Gentle Stretches and Ball Toss <br> 11:00 Heart for Music <br> 1:30 Community Centre (Art Studio) <br> 3:30 Brain Bloom Crosswords |
| **8** <br> 10:00 Hymn Sing (Art Studio) <br> 10:45 Tea & Chat (Art Studio) <br> 1:30 5 Card Bingo <br> 3:00 Spa & Relaxation <br> 4:00 Walking Club | **9** <br> 10:00 Exercise <br> 11:00 Second Street Music Class (Town Hall) <br> 1:30 Afternoon Trivia | **10** <br> 10:00 Bingo (Town Hall) <br> 10:00 Exercise <br> 10:00 Individual Music Therapy (MT) <br> 11:00 Walking Club <br> 1:30 Piano Music with Bowie (MT) <br> 1:30 Trivia <br> 3:00 Creative Corner <br> 3:00 Individual Music Therapy (MT) <br> 4:00 1:1 Visits | **11** <br> 10:00 Art Studio Open <br> 10:00 Show & Tell Circle Time with BACI Daycare (Main St.) <br> 1:30 Active Games <br> 1:30 Art Studio Open <br> 2:00 Mahjong (Art Studio) <br> 3:00 Table Games <br> 4:00 Heart for Music | **12** <br> John Knox Grade 11 Day! <br> 10:30 Catholic Mass (Town Hall) <br> 1:30 Main Street Music Jam! (MT) | **13** <br> 10:00 Bingo (Town Hall) <br> 10:30 Mahjong (Main Street) <br> 2:00 Town Hall Pub with Greg Alcock <br> 3:30 Cribbage in Townhall <br> 4:00 Sensory Cart | **14** <br> 1:30 Community Centre (Art Studio) |
| **15** <br> 10:00 Hymn Sing (Art Studio) <br> 10:45 Tea & Chat (Art Studio) <br> 1:30 Brain Games <br> 3:00 Table Games <br> 4:00 Helping Hands | **16** <br> 10:00 Short Stories <br> 11:00 Heart for Music <br> 1:30 Baking-No Bake Cheesecake <br> 3:30 Trivia-Ireland Trivia | **17** <br> MN Studio Day <br> 10:00 Art Studio Open <br> 10:00 Bingo (Town Hall) <br> 10:00 Individual Music Therapy (MT) <br> 10:00 Shuffle Board & Pool <br> 1:30 Art Studio Open <br> 1:30 Piano Music with Bowie (MT) <br> 1:30 Creative Crafts-Irish Craft <br> 2:00 Country of the Month: Ireland (Town Hall) <br> 3:00 Individual Music Therapy (MT) | **18** <br> 10:00 Art Studio Open <br> 10:00 Gentle Stretches and Ball Toss <br> 11:00 Heart for Music <br> 1:30 Art Studio Open <br> 1:30 Crosswords <br> 2:00 Birthday Party (Town Hall) <br> 2:00 Mahjong (Art Studio) <br> 4:00 1:1 Visits (Spiritual) | **19** <br> 10:30 Art Studio Open <br> 10:30 Catholic Mass (Town Hall) <br> 1:30 Active Game <br> 1:30 Art Studio Open <br> 1:30 Main Street Music Jam! (MT) <br> 1:30 Resident Council Meeting (Town Hall) <br> 3:00 Multisensory Room | **20** <br> 10:00 Bingo (Town Hall) <br> 10:30 Mahjong (Main Street) <br> 2:00 Town Hall Pub with Greg Alcock <br> 3:30 Cribbage in Townhall | **21** <br> 10:00 Gentle Stretches and Ball Toss <br> 11:00 Heart for Music <br> 1:30 Community Centre (Art Studio) <br> 3:30 Brain Bloom Crosswords |
| **22** <br> 10:00 Hymn Sing (Art Studio) <br> 10:45 Tea & Chat (Art Studio) <br> 1:30 Name that Tune <br> 3:00 Discussion Group-World Water Day <br> 4:00 Walking Club | **23** <br> 10:00 Exercise-Seated Chair Tai Chi <br> 11:00 Heart for Music <br> 1:30 Piano with Murray | **24** <br> MN Studio Day <br> 10:00 Art Studio Open <br> 10:00 Bingo (Town Hall) <br> 10:00 Individual Music Therapy (MT) <br> 10:00 Spa & Relaxation (Art Studio) <br> 10:30 Bus Outing <br> 1:30 Art Studio Open <br> 1:30 Piano Music with Bowie (MT) <br> 1:30 Table Games Day <br> 1:30 Veterans Group with Michelle <br> 3:00 Cribbage (Art Studio) <br> 3:00 Individual Music Therapy (MT) <br> 3:00 Magic Table (Art Studio) | **25** <br> 10:00 Show & Tell Circle Time with BACI Daycare (Main St.) <br> 1:30 Active Games <br> 1:30 Crosswords <br> 2:00 Mahjong (Art Studio) <br> 3:00 Name that Tune <br> 3:00 Reminisce <br> 4:00 1:1 Visits (Physical) <br> 4:00 Sensory Cart | **26** <br> 10:30 Art Studio Open <br> 10:30 Catholic Mass (Town Hall) <br> 10:30 Exercise-Chair exercise <br> 1:30 Active Game <br> 1:30 Art Studio Open <br> 1:30 Main Street Music Jam! (MT) <br> 3:00 Multisensory Room <br> 3:00 Word Games <br> 4:00 1:1 Visits (Spiritual) <br> 4:00 Wheelchair Walks | **27** <br> 10:00 Bingo (Town Hall) <br> 10:30 Mahjong (Main Street) <br> 2:00 Town Hall Pub with Greg Alcock <br> 3:30 Cribbage in Townhall | **28** <br> 10:00 Gentle Stretches and Ball Toss <br> 11:00 Heart for Music <br> 1:30 Community Centre (Art Studio) <br> 3:30 Mind and Motion |
| **29** <br> 10:00 Hymn Sing (Art Studio) <br> 10:45 Tea & Chat (Art Studio) <br> 1:30 Brain Games <br> 3:00 Table Games <br> 4:00 Helping Hands | **30** <br> 10:00 Short Stories <br> 11:00 Heart for Music <br> 1:30 Word Games <br> 3:00 Discussion Group-Ireland Tourist Attractions <br> 4:00 1:1 Visits (Social) | **31** <br> MN Studio Day <br> 10:00 Art Studio Open <br> 10:00 Bingo (Town Hall) <br> 10:00 Individual Music Therapy (MT) <br> 10:00 Shuffle Board & Pool <br> 1:30 Art Studio Open <br> 1:30 Piano Music with Bowie (MT) <br> 1:30 Chinese Tea Social <br> 3:00 Cribbage (Art Studio) <br> 3:00 Individual Music Therapy (MT) <br> 3:00 Magic Table (Art Studio) | | | | |

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library