

February 2026

Main North

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Brain Games-Fun Facts 3:00 Table Games 4:00 Helping Hands	2 10:00 Short Stories 11:00 Heart for Music 1:30 Piano with Murray 3:00 Trivia-Groundhog day 4:00 Wheelchair Walks	3 MN Studio Day 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Art Studio Open 1:30 Baking (Art Studio) 1:30 Piano Music with Bowie (MT) 3:00 Individual Music Therapy (MT)	4 Library Collection 10:00 Art Studio Open 10:00 Exercise-Seated Tai Chi 10:45 News & Views 1:30 Art Studio Open 1:30 Men's Club-Reminisce 3:00 Crosswords 4:00 Sensory Cart	5 Library Delivery 10:00 Gentle Stretches and Ball Toss 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Active Game 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 3:00 Multisensory Room 3:15 Jeopardy 4:00 Library Delivery	6 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Shawn McKee 3:30 Cribbage in Townhall 4:00 Room Visits (Spiritual)	7 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 1:30 Valentines Day Suncatchers (Art Studio) 3:30 Brain Bloom Crosswords
8 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Name that Tune 3:00 Discussion Group-Heart Health Week 4:00 Walking Club	9 10:00 Exercise-Seated Tai Chi 11:00 Heart for Music 1:30 Discussion Group-Biographies 3:00 Trivia-Heart Health 4:00 1:1 Visits (Social)	10 MN Studio Day 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 10:30 Bus Outing 1:30 Art Studio Open 1:30 Chinese New Year Craft (Art Studio) 1:30 Piano Music with Bowie (MT) 3:00 Cribbage (Art Studio) 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio)	11 10:00 Art Studio Open 10:00 Music & Movement with BACI Daycare (Main St.) 1:30 Art Studio Open 2:00 Birthday Party with The Timeliners (Town Hall)	12 10:00 Exercise-Chair Stretches & Breathing Exercises 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:45 News & Views 2:00 Valentines Sweethearts Social (Town Hall) 4:00 1:1 Visits (Emotional)	13 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Mark Wolfe 3:30 Cribbage in Townhall 4:00 Sensory Cart	14 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Mind and Motion
15 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Brain Games-Fun Facts 3:00 Table Games 4:00 Helping Hands	16 HAPPY Family Day	17 MN Studio Day 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Art Studio Open 1:30 Piano Music with Bowie (MT) 1:30 Timeslips (Art Studio) 3:00 Cribbage (Art Studio) 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio)	18 10:00 Art Studio Open 10:00 Gentle Stretches and Ball Toss 10:00 Reminisce 11:00 Sensory Cart 1:30 Art Studio Open 2:00 Country of the Month: China (Town Hall) 3:30 Word Games	19 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Art Studio Open 1:30 Discussion Group-Great Backyard Bird Day) 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 3:00 Multisensory Room 4:00 1:1 Room Visits (Intellectual)	20 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with The Fabulous Fera Brothers 3:30 Cribbage in Townhall 4:00 Room Visits (Spiritual)	21 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Brain Bloom Crosswords
22 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Name that Tune 3:00 Discussion Group-World Radio Day 4:00 Walking Club	23 10:00 Exercise-Seated Tai Chi 11:00 Heart for Music 1:30 1:1 Visits (Social) 2:30 Music with John Knox (Town Hall) 3:30 Wheelchair Walks	24 MN Studio Day 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Spa & Relaxation (Art Studio) 1:30 Art Studio Open 1:30 Piano Music with Bowie (MT) 1:30 Chinese Tea Social (Art Studio) 1:30 Veterans Group (Main St.) 3:00 Cribbage (Art Studio) 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio)	25 10:00 Art Studio Open 10:00 Music & Movement with BACI Daycare (Main St.) 1:30 Active Games 1:30 Art Studio Open 3:30 Discussion Group-Pink Shirt Day(Anti-Bullying) 3:30 Sing-a-long (Italian Opera)	26 10:00 Exercise-Chair Stretches & Breathing Exercises 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:45 News & Views 1:30 Active Game 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 3:00 Multisensory Room	27 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Peter Williams 3:30 Cribbage in Townhall	28 10:00 Gentle Stretches and Ball Toss 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:15 Calendar Delivery & Board Decor

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library