

January 2026

Lower North

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					10:00 Bingo on the Unit 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Mike & Marie 3:30 Cribbage in Townhall	1:30 Community Centre (Art Studio)
4	5	6	7	8	9	10
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Creative Corner 3:30 Social Visits 3:45 Sensory Cart	Christmas Take Down 10:00 Music Concert-TV 1:30 Movie Matinee	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Unit Christmas Take Down 1:30 Art Studio Open 1:30 Movie Matinee 3:00 Reminisce & Share 3:45 Name that Tune	LN Studio Day 10:00 Creative Arts with BACI Daycare (Art Studio) 10:00 Spa & Relaxation (Art Studio) 1:30 Art Studio Open 1:30 Snowbirds Painting (Art Studio) 2:00 Mahjong (Art Studio) 4:00 Library Collection	10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Humor Club 1:30 Art Studio Open 1:30 Word Scramble 3:00 Nails n' Polish 4:00 Library Delivery	10:00 Bingo on the Unit 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Greg Alcock 3:30 Cribbage in Townhall	10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Idioms In Disguise
11	12	13	14	15	16	17
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Trivia 3:30 Documentary Series 3:45 Heart for Music		10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Bocce Ball 1:30 Art Studio Open 3:00 Reminisce & Share 3:00 Cribbage (Art Studio) 3:45 Name that Tune	LN Studio Day 10:00 Art Studio Open 10:00 Music & Movement with BACI Daycare (Main St.) 10:00 Music and Memories (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Art Studio Open 1:30 Baking (Art Studio) 1:30 Hand Chime Choir (MT) 2:00 Birthday Party with Michael Turner 2:00 Mahjong (Art Studio) 3:00 Individual Music Therapy (MT)	10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Old Hollywood Biographies 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 1:30 Scattegories 3:00 Nails n' Polish	10:00 Bingo on the Unit 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Mike Kinal 3:30 Cribbage in Townhall	10:00 Morning Crosswords 11:00 Short Stories 1:30 Community Centre (Art Studio) 3:30 Speed Ball Sorting Game
18	19	20	21	22	23	24
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Creative Corner 3:30 Social Visits 3:45 Sensory Cart	10:00 Pet Visits 11:00 News & Views 1:30 Jeopardy 3:00 Ping Pong Fun 3:45 Heart for Music	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Art Studio Open 2:00 Wine Tasting (Town Hall) 3:00 Cribbage (Art Studio) 3:45 Name that Tune	LN Studio Day 10:00 Creative Arts with BACI Daycare (Art Studio) 10:00 Music and Memories (MT) 10:30 Bowling Outing 1:30 Art Studio Open 1:30 Creative Corsage Making (Art Studio) 1:30 Hand Chime Choir (MT) 2:00 Mahjong (Art Studio) 3:00 Individual Music Therapy (MT) 3:00 Scrabble (Art Studio) 3:00 Table Games (Art Studio)	10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Humor Club 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 2:00 Country of the Month: Romania (Town Hall)	10:00 Bingo on the Unit 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Salve & Friends	10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Jeopardy
25	26	27	28	29	30	31
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Robbie Burns Program 3:30 Spa & Relaxation 3:45 Heart for Music	1:30 Piano with Murray 2:30 Music with John Knox (Town Hall)	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Bocce Ball 1:30 Art Studio Open 1:30 Chinese Tea & Chat (Art Studio) 3:00 Reminisce & Share 3:00 Cribbage (Art Studio) 3:45 Name that Tune	LN Studio Day 10:00 Art Studio Open 10:00 Music & Movement with BACI Daycare (Main St.) 10:00 Music and Memories (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Art Studio Open 1:30 Baking (Art Studio) 1:30 Robbie Burn's Celebration with Burnaby The Scottish Country Dance Club 1:30 Hand Chime Choir (MT) 2:00 Mahjong (Art Studio) 3:00 Individual Music Therapy (MT) 3:00 Scrabble (Art Studio)	10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Word Scramble 3:00 Nails n' Polish	10:00 Bingo on the Unit 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Gord Oliver 3:30 Cribbage in Townhall	10:00 Morning Crosswords 11:00 Short Stories 1:30 Community Centre (Art Studio) 3:00 Active Games 3:45 Calendar Delivery & Boards

*Please note that programs are subject to change without notice