

February 2026

Lower North



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Valentine's Card Making 3:30 Ping Pong Fun 4:00 Social Visits	2 10:00 Morning Exercise 1:30 Jeopardy 1:30 Spa & Relaxation 3:00 Canadian Trivia 3:00 Table Games 3:45 Multisensory Room 4:00 Walking Club	3 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 3:15 Name that Tune	4 Library Collection LN Studio Day 10:00 Art Studio Open 10:00 Creative Arts with BACI Daycare (Art Studio) 10:00 Music and Memories (MT) 1:30 Art Studio Open 1:30 Scavenger Hunt Collages (Art Studio) 3:00 Individual Music Therapy (MT)	5 Library Delivery 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Balloon Volleyball 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 3:00 Nails n' Polish 4:00 Library Delivery	6 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Shawn McKee 3:30 Cribbage in Townhall	7 10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 1:30 Valentines Day Suncatchers (Art Studio) 3:15 Brain Games
8 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Valentine's Trivia 3:30 Montessori Puzzles 4:00 Documentary Series	9 1:30 Crosswords 3:00 Table Games 3:45 Multisensory Room	10 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:30 Bus Outing 1:30 Active Games 1:30 Art Studio Open 3:00 Cribbage (Art Studio) 3:15 Sing-a-long	11 LN Studio Day 10:00 Art Studio Open 10:00 Music & Movement with BACI Daycare (Main St.) 10:00 Music and Memories (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Art Studio Open 1:30 Baking (Art Studio) 2:00 Birthday Party with The Timeliners (Town Hall) 3:00 Individual Music Therapy (MT) 3:00 Scrabble (Art Studio) 3:00 Magic Table (Art Studio)	12 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Old Hollywood Biographies 11:00 Heart for Music 2:00 Valentines Sweethearts Social (Town Hall) 4:00 Heart for Music 4:00 Sensory Cart	13 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Mark Wolfe 3:30 Cribbage in Townhall	14 10:00 Morning Crosswords 11:00 Humour 1:30 Community Centre (Art Studio) 3:15 Active Games
15 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Family Day Reminiscing 3:30 Ping Pong Fun 4:00 Social Visits	16 HAPPY Family Day	17 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 3:00 Cribbage (Art Studio) 3:15 Name that Tune	18 LN Studio Day 10:00 Art Studio Open 10:00 Creative Arts with BACI Daycare (Art Studio) 10:00 Music and Memories (MT) 1:30 Art Studio Open 1:30 Creative Corner (Art Studio) 2:00 Country of the Month: China (Town Hall) 3:00 Individual Music Therapy (MT) 3:00 Scrabble (Art Studio) 3:00 Magic Table (Art Studio)	19 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Resident Council Meeting (Town Hall) 1:30 Afternoon Trivia 3:00 Nails n' Polish 3:30 Cribbage in Townhall	20 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with The Fabulous Fera Brothers 3:30 Cribbage in Townhall	21 10:00 Active Games 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:15 Brain Games
22 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Happy Hour 3:30 Table Games 4:00 Documentary Series	23 10:00 Exercise on Music 10:00 News & Views 2:30 Music with John Knox (Town Hall) 3:45 Multisensory Room	24 10:00 Art Studio Open 10:00 Bingo (Town Hall) 10:00 Winter Gold: Winter Olympic Memories 1:30 Active Games 1:30 Art Studio Open 1:30 Veterans Group (Main St.) 3:00 Cribbage (Art Studio) 3:15 Sing-a-long	25 LN Studio Day 10:00 Art Studio Open 10:00 Music & Movement with BACI Daycare (Main St.) 10:00 Music and Memories (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Art Studio Open 1:30 Baking (Art Studio) 3:00 Individual Music Therapy (MT) 3:00 Scrabble (Art Studio) 3:00 Magic Table (Art Studio)	26 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Art Studio Open 1:30 Main Street Music Jam! (MT) 1:30 Afternoon Trivia 3:30 Cribbage in Townhall 4:00 1:1 Visits	27 10:00 Bingo (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Peter Williams 3:30 Cribbage in Townhall	28 10:00 Morning Crosswords 11:00 Humour 1:30 Community Centre (Art Studio) 3:15 Calendar Delivery & Board Decor

*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library

