

# February 2026

## BSTN WEST



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30 Dining Room Social 3:00 Montessori Sorting Activities 4:00 Walking Club	2 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 11:15 1:1 Walks 1:30 Baking Short Bread 3:00 Magic Table (Art Studio)	3 10:00 Bingo (Town Hall) 11:00 Wheelchair Walks 1:30 Multisensory Room 3:00 Rhythms and Reminiscing 4:00 1:1 Visits (Social)	4 Library Collection 10:00 Exercise to Music 11:00 Balloon Ball 1:30 One & Done Dice Game	5 Library Delivery 10:30 Catholic Mass (Town Hall) 1:30 Brain Games 3:00 Sing-a-long	6 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Shawn McKee 3:00 Individual Music Therapy (MT)	7 1:30 Name That Tune 2:30 Active Games - Bocce ball 3:30 Helping Hands
8 1:30 Dining Room Social 3:00 Montessori Sorting Activities 4:00 Walking Club	9 BSTN Studio Day 10:00 Active Games 11:15 1:1 Walks 1:30 Creative Corner (Art Studio) 3:00 Magic Table (Art Studio)	10 10:00 Bingo (Town Hall) 10:30 Bus Outing 11:00 Walk and Talks 11:00 Wheelchair Walks 1:30 Multisensory Room 3:00 Rhythms and Reminiscing 4:00 1:1 Visits (Social)	11 10:00 Balloon ball 11:00 Heart for Music 2:00 Birthday Party with The Timeliners (Town Hall)	12 10:30 Catholic Mass (Town Hall) 2:00 Valentines Sweethearts Social (Town Hall) 4:00 Walking Club	13 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Mark Wolfe 3:00 Individual Music Therapy (MT)	14 1:30 Chinese Lantern Making 3:00 Short Stories - A Rocky Senior Year 3:30 1:1 Visits (Emotional)
15 1:30 Dining Room Social 3:00 Montessori Sorting Activities 4:00 Walking Club	16 HAPPY Family Day	17 10:00 Bingo (Town Hall) 1:30 Multisensory Room 3:00 Rhythms and Reminiscing 4:00 1:1 Visits (Social)	18 10:00 Exercise and Stretches 11:00 Heart for Music 2:00 Country of the Month: China (Town Hall) 4:00 Helping Hands	19 10:30 Active Games 10:30 Catholic Mass (Town Hall) 1:30 Multisensory Room 1:30 Resident Council Meeting (Town Hall) 3:00 Creative Corner 4:00 Walking Club	20 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with The Fabulous Fera Brothers 3:00 Individual Music Therapy (MT) 3:45 Short Stories	21 1:30 Name that Tune 3:00 Match Up! 3:30 Helping Hands
22 1:30 Dining Room Social 3:00 Montessori Sorting Activities 4:00 Walking Club	23 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 1:30 Baking (Art Studio) 2:30 Music with John Knox (Town Hall) 3:00 Magic Table (Art Studio)	24 10:00 Bingo (Town Hall) 10:00 News & Views 11:00 Wheelchair Walks 1:30 Multisensory Room 1:30 Veterans Group (Main St.) 3:00 Rhythms and Reminiscing 4:00 1:1 Visits (Social)	25 10:00 Balloon Ball 11:00 Heart for Music 1:30 Table Games 3:00 Coloring Corner 4:00 Helping Hands	26 10:30 Active Games 10:30 Catholic Mass (Town Hall) 1:30 Multisensory Room 3:00 Creative Corner 4:00 Coloring	27 10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Peter Williams 3:00 Individual Music Therapy (MT) 3:45 Short Stories	28 1:30 Exercise to Music 2:30 Winter Trees & Night Sky Painting 3:15 Calendar Delivery & Board Decor 3:30 One & Done Dice Game

\*Please note that programs are subject to change without notice

Legend: BLUE = Art Studio, PURPLE = Main St./Sensory Room, PINK = Town Hall, RED = Outing/Library