



December 2025

Lower North

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Christmas Decorating! 10:00 Christmas Movie 1:30 Holiday Concert	2 10:00 Boccia Ball 10:00 Art Studio Open 10:00 Bingo (Town Hall)	3 LN Studio Day 10:00 Art Studio Open 10:00 Music & Movement with BACI Daycare (Main St.) 10:00 Music and Memories (MT) 10:00 Shuffle Board & Pool (Art Studio) 1:30 Art Studio Open 1:30 Christmas Baking (Art Studio) 1:30 Hand Chime Choir (MT) 2:00 Mahjong (Artworks Studio) 3:00 Individual Music Therapy (MT) 3:45 Library Book Pick-Up	4 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 4:00 Library Book Delivery	5 10:00 Bingo 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Gord Oliver 3:45 1:1 Visits	6 10:00 Gentle Stretches and Movement 11:00 Heart for Music 1:30 Community Centre (Art Studio)
7 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Happy Hour 3:00 Music with Jae-Won (Town Hall) 4:00 Sensory Cart	8 10:00 Chair Exercise & Stretch 11:00 Room Visits 2:00 Andante Choir (Town Hall) 3:30 Name that Famous Face? 4:00 Heart for Music	9 10:00 Art Studio Open 10:00 Bingo (Town Hall)	10 LN Studio Day 10:00 Art Studio Open 10:00 Creative Arts with BACI Daycare (Studio) 10:00 Music and Memories (MT) 2:00 Day 4: Christmas Tea (Town Hall)	11 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Active Games 1:30 Art Studio Open 3:00 Table Games 4:00 Helping Hands	12 10:15 Day 5: Christmas Carols with St. Thomas More Collegiate Band (Town Hall) 10:30 Mahjong (Main Street) 2:00 Town Hall Pub with Mike & Marie Cronin 3:45 1:1 Visits	13 10:00 Gentle Stretches and Movement 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Room Visits
14 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Spa & Relaxation 3:00 Day 6: Burnaby Mountain Secondary Performance (Town Hall) 4:00 Heart for Music	15 10:00 Chair Exercise & Stretch 11:00 Short Stories 1:30 Piano with Murray 3:00 Crosswords 4:00 Heart for Music	16 10:00 Art Studio Open 10:00 Holiday Themed Bingo (Town Hall) 10:00 Sing-a-long 11:00 Finish the Line 1:30 Art Studio Open 1:30 Day 7: Christmas Fun with Second Street Elementary (Town Hall) 3:00 Name that Tune 3:00 Cribbage (Art Studio) 3:00 Yahtzee 4:00 Heart for Music	17 LN Studio Day 10:00 Art Studio Open 10:00 Music & Movement with BACI Daycare (Main St.) 10:00 Music and Memories (MT) 10:00 Shuffleboard & Pool (Art Studio) 1:30 Art Studio Open 1:30 Chinese Tea & Chat (Art Studio) 1:30 Hand Chime Choir (MT) 2:00 Birthday Party with Salve & Friends (Town Hall) 2:00 Mahjong (Artworks Studio) 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio)	18 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 11:00 Heart for Music 1:30 Active Games 1:30 Art Studio Open 1:30 Resident Council Meeting (Town Hall) 3:00 Who am I? 4:00 Sensory Cart	19 10:00 Visit from Minister of Veterans Affairs Canada (Town Hall) 1:30 Mahjong (Main St.) 2:00 Town Hall Pub with Mike Kinal	20 1:30 Holiday Crafts: Community Centre
21 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Happy Hour 1:30 Day 9: Christmas Movie Matinee (Town Hall) 4:00 Sensory Cart	22 10:00 Pet Visits with Oreo 11:00 Room Visits 1:30 Day 10: Hot Coco Carts	23 10:00 Bingo (Town Hall) 3:00 Day 11: Christmas Carol Cut-Off (Town Hall)	24 LN Studio Day 10:15 Day 12: Christmas Gift Delivery	25 Merry Christmas	26 Happy BOXING DAY 	27 10:00 Gentle Stretches and Movement 11:00 Heart for Music 1:30 Community Centre (Art Studio) 3:30 Room Visits
28	29 10:00 Chair Exercise & Stretch 11:00 Short Stories 1:30 Crosswords 3:00 What am I? 4:00 Heart for Music	30 10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Art Studio Open 1:30 Music Therapy Quiz Show (Town Hall) (MT) 3:00 Name that Tune 3:00 Cribbage (Art Studio) 4:00 Heart for Music	31 LN Studio Day 10:00 Art Studio Open 10:00 Music & Movement with BACI Daycare (Main St.) 10:00 Music and Memories (MT) 10:00 Shuffleboard & Pool (Art Studio) 2:00 New Year's Eve Party! 3:00 Individual Music Therapy (MT) 3:45 Board Decor & Calendar Delivery			

*Please note that programs are subject to change without notice

