

December 2025

BSTN WEST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Christmas Decorating! 10:00 Christmas Movie 1:30 Holiday Concert	2 10:00 Bingo (Town Hall) 2:00 Day 1: Christmas Tea (Town Hall)	3 10:00 Exercise - Seated Exercise 11:00 1:1 Visits (Emotional) 3:45 Library Book Pick-Up	4 10:30 Balloon Toss 10:30 Catholic Mass (Town Hall) 4:00 Library Book Delivery	5 2:00 Town Hall Pub with Gord Oliver 3:00 Individual Music Therapy (MT) 3:45 Walking Club	6
7 1:30 Multisensory Room (BSTN-West) 3:00 Music with Jae-Won (Town Hall)	8 BSTN Studio Day 10:00 Christmas Card Making (Art Studio) 1:30 Baking Christmas Sugar Cookies (Art Studio) 2:00 Andante Choir (Town Hall) 3:00 Magic Table (Art Studio)	9 10:00 Bingo (Town Hall)	10	11 10:30 Balloon Toss 10:30 Catholic Mass (Town Hall) 11:00 Wheelchair Walks	12 10:15 Day 5: Christmas Carols with St. Thomas More Collegiate Band (Town Hall) 2:00 Town Hall Pub with Mike & Marie Cronin 3:00 Individual Music Therapy (MT)	13
14 10:00 Virtual Sunday Services 11:00 Multisensory Room (BSTN-West) 3:00 Day 6: Burnaby Mountain Secondary Performance (Town Hall)	15 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 11:15 1:1 Walks 1:30 Winter Watercolours (Art Studio) 3:00 Magic Table (Art Studio)	16 10:00 Holiday Themed Bingo (Town Hall) 1:30 Multisensory Room 3:00 Christmas Carols Reminiscing 4:00 1:1 Visits (Social)	17 2:00 Birthday Party with Salve & Friends (Town Hall) 4:00 Helping Hands	18 10:30 Balloon Toss 10:30 Catholic Mass (Town Hall) 11:00 Wheelchair Walks 1:30 Resident Council Meeting (Town Hall)	19 10:00 Visit from Minister of Veterans Affairs Canada (Town Hall) 2:00 Town Hall Pub with Mike Kinal 3:00 Individual Music Therapy (MT) 3:45 Day 8: Christmas Tales!	20
21 10:00 Virtual Sunday Services 11:00 Multisensory Room (BSTN-West)	22 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 11:15 1:1 Walks 1:30 Day 10: Hot Coco Carts	23 10:00 Bingo (Town Hall)	24 10:15 Day 12: Christmas Gift Delivery	25 Merry Christmas	26 	27
28	29 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 11:15 1:1 Walks 1:30 Creative Corner (Art Studio) 3:00 Magic Table (Art Studio)	30 10:00 Bingo (Town Hall) 1:30 Multisensory Room 3:00 Rhythms and Reminiscing 4:00 1:1 Visits (Social)	31 2:00 New Year's Eve Party! 3:45 Board Decor & Calendar Delivery 4:00 Helping Hands			