

November 2025

BSTN WEST



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2 10:00 Virtual Sunday Services 11:00 Multisensory Room (BSTN-West) 1:30 Christmas Wishlist (Room Visits) 3:00 Walking Club 4:00 Helping Hands	3 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 1:30 Poppy Crafts (Art Studio) 3:00 Magic Table (Art Studio)	4 11:00 Wheelchair Walks 1:15 Pledge a Flag with Students! 1:30 Multisensory Room 3:00 Rhythms and Reminiscing 4:00 1:1 Visits (Social)	5 10:00 Exercise - Seated Exercise 2:00 Country of the Month: Finland (Town Hall) 3:45 Library Book Collection 4:00 Helping Hands	6 10:30 Balloon Toss 10:30 Catholic Mass (Town Hall) 11:00 Wheelchair Walks 1:30 Table Bowling 3:00 Christmas Wishlist (1:1 Visits) 4:00 Library Book Delivery 4:00 Heart for Music	7 2:00 Town Hall Pub with Michael Turner 3:00 Individual Music Therapy (MT) 3:45 Walking Club	8
9 10:00 Virtual Sunday Services 11:00 Multisensory Room (BSTN-West) 1:30 Building and Sorting 2:00 Royal Westminster Regiment Band (Town Hall) 3:00 Walking Club 4:00 Helping Hands	10 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 1:30 Baking Spiced Cupcakes 3:00 Magic Table (Art Studio)	11 	12 10:00 Exercise - Seated Exercise 11:00 1:1 Visits (Emotional) 1:30 Discovery Kits 3:00 Creative Corner 3:00 Table Games 4:00 Helping Hands	13 10:30 Balloon Toss 10:30 Catholic Mass (Town Hall) 11:00 Wheelchair Walks 1:30 Table Bowling 3:00 1:1 Visits (Social) 4:00 Heart for Music	14 2:00 Town Hall Pub with Salve & Friends 3:00 Individual Music Therapy (MT) 3:45 Walking Club	15
16 10:00 Virtual Sunday Services 11:00 Multisensory Room (BSTN-West) 1:30 Building and Sorting 3:00 Walking Club 4:00 Helping Hands	17 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 1:30 Fall Leaves Q-tip Art (Art Studio) 3:00 Magic Table (Art Studio)	18 10:00 Bingo (Town Hall) 11:00 Wheelchair Walks 1:30 Multisensory Room 3:00 Rhythms and Reminiscing 4:00 1:1 Visits (Social)	19 10:00 Exercise - Seated Exercise 11:00 1:1 Visits (Emotional) 1:30 Discovery Kits 2:00 Birthday Party with The Timeliners (Town Hall) 3:00 Creative Corner 4:00 Helping Hands	20 10:30 Balloon Toss 10:30 Catholic Mass (Town Hall) 11:00 Wheelchair Walks 1:30 Resident Council Meeting (Town Hall) 1:30 Table Bowling 3:00 1:1 Visits (Social) 4:00 Heart for Music	21 2:00 Town Hall Pub with The Fabulous Fera Brothers 3:00 Individual Music Therapy (MT) 3:45 Walking Club	22
23 10:00 Virtual Sunday Services 11:00 Multisensory Room (BSTN-West) 1:30 Building and Sorting 3:00 Walking Club 4:00 Helping Hands	24 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 1:30 Baking Maple Cupcakes 3:00 Magic Table (Art Studio)	25 10:00 Bingo (Town Hall) Christmas Decorating! 1:30 Christmas Movie Matinee	26 1:30 Christmas Movie Matinee	27 10:30 Catholic Mass (Town Hall) 1:30 Christmas Movie Matinee 1:30 Christmas Decorating & Hot Coco!	28 2:00 Town Hall Pub with Mike & Marie Cronin 3:00 Individual Music Therapy (MT) 3:45 Walking Club	29
30 10:00 Virtual Sunday Services 11:00 Multisensory Room (BSTN-West) 1:30 Building and Sorting 3:00 Walking Club 3:30 Board Decor & Calendar Delivery						

*Please note that programs are subject to change without notice