



October 2025

Main South

| Sunday                                                                                                                                   | Monday                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                                                                                                      | Thursday                                                                                                                                                                                                                                                                                                                                                                          | Friday                                                                                                                                                | Saturday                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
|                                                                                                                                          |                                                                                                                                                                                        |                                                                                                                                                                                                                              | 1<br>10:00 Mother Goose: Intergenerational Program (Town Hall)<br>10:00 Circle Time with BACI Daycare (Main Street)<br>11:00 Walks & Talks<br>1:30 Discussion Group: International Coffee Day<br>1:30 Exercise to Music<br>2:00 Mahjong (Main Street)<br>2:30 Table Games<br>3:00 Short Stories<br>4:00 Sensory Cart                                                           | 2<br>10:00 Chair Tai Chi<br>10:30 Catholic Mass (Town Hall)<br>10:30 Music and Memories (MT)<br>11:00 Helping Hands<br>1:30 Brain Games<br>1:30 Main Street Music Jam!<br>3:00 Individual Music Therapy (MT)                                                                                                                                                                      | 3<br>10:00 Bingo<br>10:30 Mahjong (Main Street)<br>2:00 Town Hall Pub with Salve & Friends<br>3:45 1:1 Visits (Physical)                              | 4<br>10:00 Active Games<br>11:00 Helping Hands<br>1:30 Community Centre (Art Studio)<br>3:15 Penny Ante         |
| 5<br>10:00 Hymn Sing (Art Studio)<br>10:45 Tea & Chat (Art Studio)<br>1:30 Fun Facts<br>3:00 Table Games<br>4:00 Helping Hands           | 6<br>10:00 Chair Tai Chi<br>11:00 Heart for Music<br>1:30 Word Games<br>3:00 Name that Tune<br>4:00 Room Visits                                                                        | 7<br>10:00 Bingo (Town Hall)<br>1:30 Active Games<br>1:30 Music Therapy Quiz Show (Town Hall)<br><br>1:30 Chinese Tea Appreciation (MN Lounge)<br>3:00 Multisensory Room<br>4:00 1:1 Visits (Social)                         | 8<br>10:00 Creative Corner with BACI Daycare (Art Studio)<br>10:00 Chair Morning Stretches<br>10:00 Mother Goose: Intergenerational Program (Town Hall)<br>10:00 Table Games<br>2:00 Country of the Month: Germany - Oktoberfest! (Town Hall)<br>2:00 Mahjong (Main Street)<br>3:30 Trivia<br>3:45 Library Book Collection<br>4:00 1:1 Visits (Physical)<br>4:00 Walks & Talks | 9<br>MS Studio Day<br>10:30 Art Studio Open<br>10:30 Catholic Mass (Town Hall)<br>10:30 Creative Corner - Pumpkin Garland<br>10:30 Music and Memories (MT)<br>1:30 Art Studio Open<br>1:30 Main Street Music Jam!<br>1:30 Shuffle Board (Art Studio)<br>3:00 Individual Music Therapy (MT)<br>3:00 Magic Table (Art Studio)<br>4:00 Library Book Delivery                         | 10<br>10:00 Bingo<br>10:30 Mahjong (Main Street)<br>2:00 Town Hall Pub with Mark Wolfe<br>3:45 1:1 Visits (Physical)                                  | 11<br>10:00 Active Games<br>11:00 Helping Hands<br>1:30 Community Centre (Art Studio)<br>3:15 Sensory Cart      |
| 12<br>10:00 Hymn Sing (Art Studio)<br>10:45 Tea & Chat (Art Studio)<br>1:30 You Be The Judge<br>3:00 Short Stories<br>4:00 Helping Hands | 13<br>                                                                                              | 14<br>10:00 Art Studio Open<br>10:00 Bingo (Town Hall)<br>1:30 Active Games<br>1:30 Art Studio Open<br>3:00 Multisensory Room<br>3:00 Cribbage (Art Studio)<br>4:00 1:1 Visits (Social)                                      | 15<br>10:00 Mother Goose: Intergenerational Program (Town Hall)<br>10:00 Circle Time with BACI Daycare (Main Street)<br>11:00 Heart For Music<br>1:30 Gentle Stretches<br>2:00 Mahjong (Main Street)<br>3:00 Short Stories<br>4:00 Sensory Cart                                                                                                                                | 16<br>MS Studio Day<br>10:30 Art Studio Open<br>10:30 Catholic Mass (Town Hall)<br>10:30 Creative Corner - Crows At Sunset Painting<br>10:30 Legion # 229: Whalley Lunch Outing<br>10:30 Music and Memories (MT)<br>1:30 Art Studio Open<br>1:30 Main Street Music Jam!<br>1:30 Shuffle Board (Art Studio)<br>3:00 Individual Music Therapy (MT)<br>3:00 Magic Table (Art Studio) | 17<br>10:00 Bingo<br>10:30 Mahjong (Main Street)<br>2:00 Town Hall Pub with Mike Kinal<br>3:45 1:1 Visits (Physical)                                  | 18<br>10:00 Active Games<br>11:00 Helping Hands<br>1:30 Community Centre (Art Studio)<br>3:15 Would You Rather? |
| 19<br>10:00 Hymn Sing (Art Studio)<br>10:45 Tea & Chat (Art Studio)<br>1:30 Walking Club<br>3:00 Table Games<br>4:00 Helping Hands       | 20<br>10:00 Chair Tai Chi<br>11:00 Heart for Music<br>1:30 Piano with Murray<br>1:30 Diwali Celebration (Town Hall)<br>3:00 Discussion Group: Australian Bird Week<br>4:00 Room Visits | 21<br>10:00 Art Studio Open<br>10:00 Bingo (Town Hall)<br>1:30 Active Games<br>1:30 Art Studio Open<br>1:30 Veterans Group (Main Street)<br>3:00 Multisensory Room<br>3:00 Cribbage (Art Studio)<br>4:10 1:1 Visits (Social) | 22<br>10:00 Carefit Exercises<br>10:00 Creative Corner with BACI Daycare (Art Studio)<br>10:00 Mother Goose: Intergenerational Program (Town Hall)<br>11:00 1:1 Visits (Social)<br>2:00 Birthday Party with John Cronin (Town Hall)<br>2:00 Mahjong (Main Street)<br>3:45 Wheelchair Walks                                                                                     | 23<br>MS Studio Day<br>10:30 Art Studio Open<br>10:30 Catholic Mass (Town Hall)<br>10:30 Creative Corner - Yarn-Drawn Pumpkins<br>10:30 Music and Memories (MT)<br>1:00 Pumpkin Patch Outing<br>1:30 Art Studio Open<br>1:30 Main Street Music Jam!<br>1:30 Shuffle Board (Art Studio)<br>3:00 Individual Music Therapy (MT)<br>3:00 Magic Table (Art Studio)                     | 24<br>10:00 Bingo<br>10:30 Mahjong (Main Street)<br>2:00 Town Hall Pub with The Timeliners<br>3:45 1:1 Visits (Physical)                              | 25<br>10:00 Active Games<br>11:00 Helping Hands<br>1:30 Community Centre (Art Studio)<br>3:15 Sensory Cart      |
| 26<br>10:00 Hymn Sing (Art Studio)<br>10:45 Tea & Chat (Art Studio)<br>1:30 Fun Facts<br>3:00 Short Stories<br>4:00 Helping Hands        | 27<br>10:00 Chair Tai Chi<br>11:00 Heart for Music<br>1:30 Trivia<br>2:30 Music with John Knox (Town Hall)<br>3:45 Sing-a-long                                                         | 28<br>10:00 Art Studio Open<br>10:00 Bingo (Town Hall)<br>1:30 Active Games<br>1:30 Art Studio Open<br>3:00 Cribbage (Art Studio)<br>4:00 1:1 Visits (Social)                                                                | 29<br>10:00 Chair Morning Stretches<br>10:00 Mother Goose: Intergenerational Program (Town Hall)<br>10:00 Table Games<br>11:00 1:1 Visits (Social)<br>11:00 Heart For Music<br>1:30 Active Games<br>1:30 Discussion Group: Grandparents Day<br>2:00 Mahjong (Main Street)<br>3:00 Short Stories<br>3:00 Spa & Relaxation<br>4:00 Sensory Cart<br>4:00 Walks & Talks            | 30<br>MS Studio Day<br>10:30 Art Studio Open<br>10:30 Catholic Mass (Town Hall)<br>10:30 Music and Memories (MT)<br>1:30 Art Studio Open<br>1:30 Creative Corner - Pumpkin Painting & Carving<br>1:30 Main Street Music Jam!<br>1:30 Shuffle Board (Art Studio)<br>3:00 Individual Music Therapy (MT)<br>3:00 Magic Table (Art Studio)                                            | 31<br>10:00 Trick or Treat with Schools! (Town Hall)<br>10:30 Mahjong (Main Street)<br>2:00 Halloween Party with Gord Oliver<br>3:45 Board Decorating |                                                                                                                 |

