

September 2025



Main South

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Art Studio Open 1:30 Trivia 3:00 Cribbage (Art Studio) 4:00 Heart for Music	10:00 Art Studio Open 10:00 Circle Time with BACI Daycare (Main Street) 10:30 Mahjong (Art Studio) 12:00 Lunch at the Movies (Town Hall) 1:30 Art Studio Open 3:30 Crosswords	MS Studio Day 10:30 Catholic Mass (Town Hall) 10:30 Music and Memories (MT) 10:30 Shuffle Board (Art Studio) 1:30 Sunflower Painting (Art Studio) 1:30 Main Street Music Cafe 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio)	10:00 Bingo 1:00 Mahjong (Main Street) 2:00 Town Hall Pub with Peter Williams 3:30 Brain Games: What's That Sound? 4:00 Helping Hands-Garden Watering	10:00 Active Games 11:00 Helping Hands 1:30 Community Centre (Art Studio) 3:15 A to Z Occupational Trivia
7	8	9	10	11	12	13
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Walking Club 3:00 Table Games 4:00 Helping Hands-Garden Watering	10:00 Chair Tai Chi 11:00 Heart for Music 1:30 Brain Games 1:30 Veterans Group with Michelle (Main Street) 3:15 Sing-a-long 4:00 Helping Hands-Garden Watering	10:00 Art Studio Open 10:00 Bingo (Town Hall) 1:30 Active Games 1:30 Art Studio Open 1:30 Music Therapy Quiz Show (Town Hall) 1:30 Chinese Tea Appreciation (MN Lounge) 3:00 Listen & Learn: The Velvet Fog 3:00 Cribbage (Art Studio) 3:15 Multisensory Room- Main Floor 4:00 Heart for Music 4:00 Helping Hands	10:00 Chair Morning Stretches 10:00 Mother Goose: Intergenerational Program (Town Hall) 10:00 Spa & Relaxation 10:30 Mahjong (Art Studio) 11:00 Heart For Music 1:30 Art Studio Open 2:00 Country of the Month: Chile (Town Hall) 3:45 Library Book Collection 4:00 Helping Hands-Garden Watering	MS Studio Day 10:30 Catholic Mass (Town Hall) 10:30 Music and Memories (MT) 10:30 Shuffle Board (Art Studio) 1:30 Woven Apples (Art Studio) 1:30 Main Street Music Cafe 1:30 Resident Council Meeting (Town Hall) 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio) 4:00 Library Book Delivery	10:00 Bingo 1:00 Mahjong (Main Street) 2:00 Town Hall Pub with Mike & Marie Cronin 3:30 Brain Games: What Am I? 4:00 Helping Hands-Garden Watering	10:00 Active Games 11:00 Helping Hands 1:30 Community Centre (Art Studio) 3:15 Sensory Cart
14	15	16	17	18	19	20
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Active Games 3:00 Music with Jae-Won & Friends (Town Hall) 4:00 Helping Hands-Garden Watering	10:00 Pet Visits with Oreo 11:00 Heart for Music 2:15 Music with John Knox School (Town Hall) 3:15 Reminisce & Share 4:00 Helping Hands-Garden Watering	10:00 Art Studio Open 10:00 Bingo (Town Hall) 11:00 Outdoor Wheelchair Walks 1:30 Active Games 1:30 Art Studio Open 2:00 Cribbage (Art Studio) 3:00 Name That Tune - Labour Day Edition 4:00 Heart for Music	MS Photo Day 10:00 Mother Goose: Intergenerational Program (Town Hall) 10:00 Circle Time with BACI Daycare (Main Street) 10:30 Mahjong (Art Studio) 1:30 Art Studio Open 4:00 1:1 Visits 4:00 Helping Hands-Garden Watering	MS Studio Day 10:30 Catholic Mass (Town Hall) 10:30 Music and Memories (MT) 10:30 Shuffle Board (Art Studio) 11:00 RCL #229: Whalley Lunch Outing 1:30 Main Street Music Cafe 1:30 TimeSlips (Art Studio) 3:00 Individual Music Therapy (MT)	10:00 Bingo 1:00 Mahjong (Main Street) 2:00 Town Hall Pub with Michael Turner 3:30 Brain Games: Before or After 1950 4:00 Helping Hands-Garden Watering	1:30 Community Centre (Art Studio)
21	22	23	24	25	26	27
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Walking Club 3:00 Table Games 4:00 Helping Hands-Garden Watering	10:00 Chair Tai Chi 11:00 Heart for Music 1:30 Piano with Murray 3:15 Name That Tune 4:00 Helping Hands-Garden Watering	2:00 Fall Fair! (Town Hall) 4:00 1:1 Visits	10:00 Chair Morning Stretches 10:00 Mother Goose: Intergenerational Program (Town Hall) 10:00 Spa & Relaxation 11:00 Heart For Music 1:30 You Be The Judge 2:00 Birthday Party with Shawn McKee (Town Hall) 3:15 Trivia 4:00 1:1 Visits 4:00 Helping Hands-Garden Watering	MS Studio Day 10:30 Catholic Mass (Town Hall) 10:30 Music and Memories (MT) 10:30 Shuffle Board (Art Studio) 1:30 Baking (Art Studio) 1:30 Main Street Music Cafe 3:00 Individual Music Therapy (MT) 3:00 Magic Table (Art Studio)	10:00 Bingo 2:00 Town Hall Pub with The Fabulous Fera Brothers 3:30 Brain Games: EZ Does It Trivia 4:00 Helping Hands-Garden Watering	10:00 Active Games 11:00 Helping Hands 1:30 Community Centre (Art Studio) 3:15 Sensory Cart
28	29	30				
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Active Games 3:00 Short Stories 4:00 Helping Hands-Garden Watering	10:00 Chair Tai Chi 11:00 Heart for Music 1:30 Reminisce and Share 3:15 Sing-a-long 4:00 Helping Hands-Garden Watering					

*Please note that programs are subject to change without notice