

September 2025

Main North



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 MN Studio Day 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Jewelry Making (Art Studio) - 1:30 Bowie Plays Piano (MT) 3:00 Cribbage (Art Studio) 3:00 Magic Table (Art Studio)	3 10:00 Art Studio Open 10:00 Circle Time with BACI Daycare (Main Street) 10:30 Mahjong (Art Studio) 12:00 Lunch at the Movies (Town Hall) 1:30 Art Studio Open 3:30 Multisensory Room	4 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Art Studio Open 1:30 Dining Room Social 1:30 Main Street Music Jam! 3:00 Name that Tune 4:00 Helping Hands: Gardening	5 10:00 Bingo 1:00 Mahjong (Main Street) 2:00 Town Hall Pub with Peter Williams	6 10:00 Exercise 11:00 Helping Hands 1:30 Community Centre (Art Studio) 3:15 Spa & Relaxation
7 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 5 Card Bingo 3:00 Creative Corner 4:00 Helping Hands: Gardening	8 10:00 Balloon Ball 10:45 Finish the Phrase 1:30 Piano with Murray 1:30 Veterans Group with Michelle (Main Street) 3:15 Afternoon Trivia 4:00 Table Games	9 MN Studio Day 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Chilean Table Centerpieces (Art Studio) 1:30 Music Therapy Quiz Show (Town Hall) 1:30 Chinese Tea Appreciation (MN Lounge) 3:00 Cribbage (Art Studio) 3:00 Magic Table (Art Studio)	10 10:00 Armchair Travels to Chile 10:00 Exercise 10:00 Mother Goose: Intergenerational Program (Town Hall) 10:30 Mahjong (Art Studio) 1:30 Art Studio Open 2:00 Country of the Month: Chile (Town Hall) 3:30 True or False? 3:45 Library Book Collection	11 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Helping Hands 1:30 Art Studio Open 1:30 Balloon Ball 1:30 Main Street Music Jam! 1:30 Resident Council Meeting (Town Hall) 2:30 Sing-a-long 3:15 Ice Cream Social 4:00 Library Book Delivery	12 10:00 Bingo 11:00 Room Visits 1:00 Mahjong (Main Street) 2:00 Town Hall Pub with Mike & Marie Cronin 3:45 Table Games	13 10:00 Exercise 11:00 1:1 Visits 1:30 Community Centre (Art Studio) 3:15 Ice Cream Social
14 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Exercise 3:00 Music with Jae-Won & Friends (Town Hall) 4:00 Documentary Series	15 10:00 Balloon Ball 10:45 Finish the Phrase 1:15 Helping Hands 2:15 Music with John Knox School (Town Hall) 3:30 Crosswords	16 MN Studio Day 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Spa & Relaxation (Art Studio) 1:30 Painting Corner (Art Studio) 1:30 Bowie Plays Piano (MT) 2:00 Cribbage (Art Studio)	17 10:00 Mother Goose: Intergenerational Program (Town Hall) 10:00 Circle Time with BACI Daycare (Main Street) 10:30 Mahjong (Art Studio) 1:30 Art Studio Open 1:30 Word Games 2:30 Helping Hands 3:30 Multisensory Room	18 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 11:00 RCL #229: Whalley Lunch Outing 1:30 Art Studio Open 1:30 Main Street Music Jam! 3:00 Reminisce & Share	19 10:00 Bingo 1:00 Mahjong (Main Street) 2:00 Town Hall Pub with Michael Turner 3:45 Table Games	20 10:00 Exercise 11:00 Helping Hands 1:30 Community Centre (Art Studio) 3:15 Spa & Relaxation
21 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 5 Card Bingo 3:00 Spa & Relaxation 4:00 1:1 Visits (Emotional)	22 10:00 Pet Visits with Oreo 11:00 Yatzehe 1:30 Helping Hands 2:30 Sing-a-long 3:15 Afternoon Trivia	23 2:00 Fall Fair! (Town Hall) 4:00 Walking Club	24 10:00 Balloon Ball 10:00 Mother Goose: Intergenerational Program (Town Hall) 10:30 Sing-a-long 2:00 Birthday Party with Shawn McKee (Town Hall) 3:30 Table Games	25 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Helping Hands 11:00 Old Wives Tales 1:30 Balloon Ball 1:30 Art Studio Open 1:30 Main Street Music Jam! 3:00 Home Remedies 4:00 Helping Hands: Gardening	26 10:00 Bingo 11:00 Room Visits 2:00 Town Hall Pub with The Fabulous Fera Brothers 3:45 Table Games	27 10:00 Exercise 11:00 1:1 Visits 1:30 Community Centre (Art Studio) 3:15 Ice Cream Social
28 10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:30 Exercise 3:00 Creative Corner 4:00 Reminisce	29 10:00 Balloon Ball 10:45 Finish the Phrase 1:30 Helping Hands 1:30 Piano with Murray 3:00 Crosswords 3:00 Ice Cream Social 4:00 Helping Hands: Gardening 4:00 Table Trivia	30 				

*Please note that programs are subject to change without notice