

September 2025



BSTN EAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 10:00 Bingo (Town Hall) 11:00 1:1 Visits 1:30 Building and Sorting 4:00 Helping Hands	3 10:00 Outdoor Walks 12:00 Lunch at the Movies (Town Hall) 3:00 Reminisce Through Song 4:00 1:1 Visits	4 10:30 Baking (BSTN East Kitchen) 10:30 Catholic Mass (Town Hall) 1:30 Trivia Challenge 3:00 Creative Corner 4:00 Helping Hands -Garden Watering	5 1:15 Artist Spotlight (MT) 2:00 Town Hall Pub with Peter Williams	6
7 10:00 Armchair Adventures 11:00 1:1 Visits (Spiritual) 1:30 Active Games 3:00 Discovery Kits 4:00 Helping Hands	8 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 1:30 Baking - Brown Sugar Coconut Cookies (Art Studio) 1:30 Veterans Group with Michelle (Main Street) 2:30 Magic Table (Art Studio)	9 10:00 Bingo (Town Hall) 11:00 1:1 Visits 1:30 Music Therapy Quiz Show (Town Hall)	10 10:00 Outdoor Walks 11:00 The Laughing Lounge 2:00 Country of the Month: Chile (Town Hall) 3:45 Library Book Collection 4:00 Heart for Music	11 10:30 Baking (BSTN East Kitchen) 10:30 Catholic Mass (Town Hall) 1:30 Resident Council Meeting (Town Hall) 4:00 Library Book Delivery	12 1:15 Artist Spotlight (MT) 2:00 Town Hall Pub with Mike & Marie Cronin	13
14 10:00 Armchair Adventures 11:00 1:1 Visits (Spiritual) 1:30 Active Games 3:00 Music with Jae-Won & Friends (Town Hall) 4:00 Helping Hands	15 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 1:30 Creative Corner (Art Studio) 2:30 Magic Table (Art Studio)	16 10:00 Bingo (Town Hall) 11:00 1:1 Visits	17 10:00 Outdoor Walks 11:00 The Laughing Lounge 1:30 Crosswords 3:00 Reminisce Through Song 4:00 1:1 Visits	18 10:30 Catholic Mass (Town Hall) 11:00 RCL #229: Whalley Lunch Outing 1:30 Trivia Challenge 3:00 Creative Corner 4:00 Helping Hands -Garden Watering	19 10:00 Bingo 1:15 Artist Spotlight (MT) 2:00 Town Hall Pub with Michael Turner	20
21 10:00 Armchair Adventures 11:00 1:1 Visits (Spiritual) 1:30 Active Games 3:00 Discovery Kits 4:00 Helping Hands	22 BSTN Studio Day 10:00 Shuffle Board (Art Studio) 1:30 Creative Corner - Autumn Tree Painting 2:30 Magic Table (Art Studio)	23 2:00 Fall Fair! (Town Hall) 4:00 Helping Hands	24 10:00 Outdoor Walks 11:00 The Laughing Lounge 2:00 Birthday Party with Shawn McKee (Town Hall) 3:00 TimeSlips 4:00 Heart for Music	25 10:30 Baking (BSTN East Kitchen) 10:30 Catholic Mass (Town Hall) 1:30 Trivia Challenge 4:00 Helping Hands -Garden Watering	26 10:00 Bingo 1:15 Artist Spotlight (MT) 2:00 Town Hall Pub with The Fabulous Fera Brothers	27
28 10:00 Armchair Adventures 11:00 1:1 Visits (Spiritual) 1:30 Active Games 3:00 Brain Games 4:00 Helping Hands	29 BSTN Studio Day 10:00 Pet Visits with Oreo 10:00 Shuffle Board (Art Studio) 1:30 Baking - Apple Pie 2:30 Magic Table (Art Studio)	30 				

*Please note that programs are subject to change without notice