

May 2025

Main North

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Jeopardy 1:30 Active Games 1:30 Art Studio Open 1:30 Main Street Music Cafe 3:00 Name that Tune 3:00 Table Games 4:00 Heart for Music 4:00 Sensory Cart	10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Salve & Friends 2:45 Mahjong (Main Street) 3:45 Spa & Relaxation	10:00 Active Games (Town Hall) 1:30 Community Centre (Art Studio) 3:15 Lemonade Day! 4:00 BBC Documentary: "Gardening with Monty Don"
4	5	6	7	8	9	10
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:45 Arts and Crafts (Studio) 3:30 "In the Garden" Spa & Relaxation	10:00 Circuit Fitness (Town Hall) 11:00 1:1 Visits (Emotional) 1:30 Piano with Murray 2:00 Country of the Month: Mexico! (Town Hall) 4:00 Wheelchair Walks	MN Photo Day! 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 1:30 Bowie Plays Piano (MT)	10:00 Art Studio Open 10:00 Nails n' Polish 10:45 News & Views 1:30 Art Studio Open 1:30 Jeopardy 1:30 Music Therapy Quiz Show (Town Hall) 1:30 Veterans Group (Main St.) 3:00 Mahjong (Art Studio) 3:00 Cribbage Club (Main Street)	10:30 Art Studio Open 10:30 Brain Games 10:30 Catholic Mass (Town Hall) 2:00 Mother's Day Tea (Town Hall) 4:00 Room Visits 4:00 Helping Hands	10:00 Bingo (Town Hall) 12:00 Second Street Community School Tea Outing 2:00 Town Hall Pub with Gord Oliver 3:45 Short Stories	10:00 Active Games (Town Hall) 1:30 Community Centre: Mother's Day Flower Painting Workshop (Art Studio) 3:15 Mother's Day Reminiscing 4:00 1:1 Visits (Social)
11	12	13	14	15	16	17
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:45 Mother's Day Social (Town Hall) 3:45 Sensory Cart	10:00 Short Stories 10:00 Circuit Fitness (Town Hall) 11:00 1:1 Visits (Emotional) 2:15 Music with John Knox (Main St.) 3:45 Reminisce n' Share	MN Studio Day 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Shuffle Board/Pool (Art Studio) 1:30 Bowie Plays Piano (MT) 1:30 Timeslips (Art Studio) 3:00 Coffee & Chat (Art Studio)	10:00 Chair Tai Chi 10:00 Mother Goose Intergenerational Program (Art Studio) 11:00 1:1 Visits 1:30 Art Studio Open 1:30 Reminisce	Garden Planting! 10:00 Gardening 10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 1:30 Art Studio Open 1:30 Gardening 1:30 Main Street Music Cafe	10:00 Bingo (Town Hall) 2:00 Town Hall Pub with The Fabulous Fera Brothers 3:45 Spa & Relaxation	10:00 Active Games (Town Hall) 1:30 Community Centre (Art Studio) 3:15 Table Games 5:00 "Victoria Day" Discussion Group
18	19	20	21	22	23	24
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:45 Sing-a-long (Town Hall) 9:00 Interesting Facts "Queen Victoria"	 HAPPY Victoria Day	MN Studio Day PM 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 1:30 Arts and Crafts (Art Studio) 1:30 Bowie Plays Piano (MT) 3:00 Coffee & Chat (Art Studio)	10:00 Chair Tai Chi 10:00 Mother Goose Intergenerational Program (Art Studio) 10:45 News & Views 1:30 Walk for Alzheimer's 3:45 Library Book Collection	Library Book Delivery 10:30 Art Studio Open 10:30 Brain Games 10:30 Catholic Mass (Town Hall) 11:00 RCL # 229: Whalley Lunch Outing 1:30 Active Games 1:30 Art Studio Open 1:30 Main Street Music Cafe 3:00 Discussion Group: International Maritime Day 3:00 Walking Club 4:00 Library Book Delivery	10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Peter Williams 2:45 Mahjong (Main Street) 3:45 Short Stories	10:00 Active Games (Town Hall) 1:30 Community Centre (Art Studio) 3:15 Short Stories 4:00 1:1 Visits (Social)
25	26	27	28	29	30	31
10:00 Hymn Sing (Art Studio) 10:45 Tea & Chat (Art Studio) 1:45 Active Games: Bowling (Town Hall) 3:30 "In the Garden" Spa & Relaxation	10:00 Pet Visits with Oreo 10:00 Circuit Fitness (Town Hall) 11:00 1:1 Visits (Emotional) 2:00 Music with Jae-Won (Main St.) 3:30 Crosswords	MN Studio Day 10:00 Bingo (Town Hall) 10:00 Individual Music Therapy (MT) 10:00 Shuffle Board/Pool (Art Studio) 1:30 Bowie Plays Piano (MT) 1:30 Timeslips (Art Studio) 2:00 Birthday Party with Greg Alcock (Town Hall) 3:00 Coffee & Chat (Art Studio)	10:00 Mother Goose Intergenerational Program (Art Studio) 2:00 Mahjong (Main Street) 2:00 Casino Royale! (Town Hall)	10:30 Art Studio Open 10:30 Catholic Mass (Town Hall) 10:30 Jeopardy 1:30 Active Games 1:30 Art Studio Open 1:30 Main Street Music Cafe 1:30 Resident Council Meeting (Town Hall) 3:00 Name that Tune 3:00 Table Games 4:00 Heart for Music 4:00 Sensory Cart	10:00 Bingo (Town Hall) 2:00 Town Hall Pub with Mike Kinal 2:45 Mahjong (Main Street) 3:45 Spa & Relaxation	10:00 Active Games (Town Hall) 1:30 Community Centre: "Cherry Trees in Blossom" Workshop (Art Studio) 3:15 May Trivia 3:45 Board Decorating 4:00 Documentary: "The Lost Gardens of Heligan-Cornwall"

*Please note that programs are subject to change without notice.

