



THE DERBY DIGEST

JANUARY



Don't Let The **Flu**
Get to **You**

| Get Immunized | Cover Your Cough | Wash Your Hands | Stay Home When Sick |
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|  |  |  |  |

Find a flu clinic near you at [ImmunizeBC.ca](https://immunizebc.ca)

 **ImmunizeBC**

 **B I BOOST IMMUNITY**

Become an **Immunization Booster!**

Sign up today at IBoostImmunity.ca and help spread the word about the importance of immunization.



GEORGE
DERBY
CENTRE



◆ PROMOTING EXCELLENCE IN SENIOR LIVING ◆



Searching for January

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.

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AQUARIUS
 AUSTRALIA DAY
 CAPRICORN
 EARMUFFS
 FIRST
 GARNET

GOLDEN GLOBES
 HOT CHOCOLATE
 MARTIN L. KING
 NEW YEAR'S DAY
 SCARF
 SKIING

SLED
 SLIPPERY
 SNOWDROP
 SNOWMAN
 WINTERTIME
 WOLF MOON



Mission

In a home-like environment we provide resident and family centered care while recognizing our veterans' legacy.

Vision

To be a community committed to compassionate care, innovation and excellence.

Values

Resident & family centered, integrity, inclusion, diversity, s

Happy New Year !

As we enter this fresh chapter, I want to take a moment to extend my warmest wishes to every one of you. I hope this year brings you joy, good health, and prosperity.

As we reflect on the past year, we are reminded of the strength and resilience of our community. Your presence and contributions have made George Derby Centre a vibrant and caring community, and we are truly grateful for the opportunity to serve you.

Looking ahead, I am excited to share that we are committed to continue providing enriching activities and maintaining a caring, and supportive environment. Recognizing the significance of staying involved, we will persist in arranging diverse activities to enhance your well-being and nurture a sense of community.

I would like to extend a special invitation to each of you to participate in our Family Council and Residents Council. Your input and involvement are invaluable as we strive to make George Derby Centre the best it can be.

Thank you for choosing George Derby Centre as your community. We are honored to have you as part of our family. Your trust and support drive us to continually improve and provide the highest quality services.

As we embark on this new year together, let us celebrate the strength of our community and the bonds we share. May 2024 bring you happiness, good health, and the fulfillment of your aspirations.

Ava Turner

Executive Director George Care Society

ENTERTAINMENT



Sitewide Birthday

January 17th: Peter Williams

Fridays Pubs



January 12th: Fera Brothers

January 26th: John Parsons



Scenic drives: Jan 16th - MS

Jan 24th- MN

Jan 30th - BSTN

Jan 31st—LN



JANUARY

Birthstone of the Month - Garnet

The birthstone of January is the garnet. The name comes from the Latin word granatus, which means “seed-like.” In the Middle Ages, garnets were carried by travelers to protect them against accidents far from home. In ancient Asia and the American Southwest, garnets were used as bullets because the glowing red color was said to increase the ferocity of a wound.



Flower of the Month - Carnation



The carnation’s history dates back to ancient Greek and Roman times, when it was used in art and décor. Christians believe that the first carnation bloomed when Mary wept for Jesus as he carried his cross. Carnations in these early times were mostly found in shades of pale pink and peach, but over the years, the color palette has grown to include red, yellow, white, purple, and green. Each color expresses a different sentiment. For example, light red conveys admiration, whereas dark red signifies deep love and affection.

January Zodiacs



Capricorn (The Sea Goat) January 1—19
Aquarius (The Water Bearer) January 20—31



CAPRICORN

Empathy is

seeing with the eyes of another,
listening with the ears of another,
and feeling with the heart of another.



CE collective... EVOLUTION