



GEORGE  
DERBY  
CENTRE



# THE DERBY DIGEST

JUNE 2024



## Don't Let The **Flu** Get to **You**

<b>Get Immunized</b>	<b>Cover Your Cough</b>	<b>Wash Your Hands</b>	<b>Stay Home When Sick</b>

Find a flu clinic near you at [ImmunizeBC.ca](http://ImmunizeBC.ca)



Become an  
**Immunization  
Booster!**

Sign up today at  
[IBoostImmunity.ca](http://IBoostImmunity.ca)  
and help spread the word about  
the importance of immunization.

99

HAPPY

# Father's Day

[www.99freepsd.com](http://www.99freepsd.com)



**Mission**

In a home-like environment we provide resident and family centered care while recognizing our veterans' legacy.

**Vision**

To be a community committed to compassionate care, innovation and excellence.

**Values**

Resident & family centered, integrity, inclusion, diversity, safety, respect & dignity.

# Bus Outings

**Unit outings**

June 4th

June 13th

June 19th

June 24th



**Legions Visits**

- RCL #265 June 17th
- RCL #8 June 27th

**June**  
*Activities in Season*  
*for Elders*

CAREGIVERSACTIVITYSOURCE.COM

Plan a picnic  
Make a dish with rhubarb and strawberries  
Plan an outdoor "Tea" with the grandkids  
Hit some softballs off of a batting Tee  
Celebrate Dad on Father's Day by making ice cream sundaes  
Make a Father's Day Care Package  
Reminisce with Dad  
Celebrate the first day of summer with water toys  
Plant a patio garden with tomatoes, flowers, and herbs  
Drink lemonade on the porch and reminisce about summer  
Celebrate Flag Day with some flag trivia  
Take a summer drive, fishing trip, or visit a park  
Putt some golf balls in the backyard  
Do some summer reading  
Plan some nature walks

# Living with Dementia

Agree  
Never Argue

Redirect  
Never Reason

Distract  
Never Shame

Reassure  
Never Lecture

Reminisce  
Never Say Remember

Repeat  
Never say "I told you So"

Ask  
Never Command

## June Fun Facts

www.slidedad.com



June is named after Juno, the Roman goddess of marriage

### Birth Flowers



Rose



Honeysuckle

### Birthstones



Pearl



Alexandrite



Moonstone

### Zodiac Signs



May 21 - June 21



June 21 - July 22



30

Days in the Month

### June-Born Personality Traits

Geminis are curious, great communicators, and adaptable, while Cancers are empathetic, nurturing, and emotionally intelligent.



SpaceX & Tesla founder Elon Musk was born on June 28, 1971

### Special Days

June 5



World Environment Day

June 20 or 21



Summer solstice: Northern Hemisphere's longest day

3<sup>rd</sup> Sunday of June

Love you Dad

Father's Day

# TOWN HALL ENTERTAINMENT



- June 17th, 2 pm Pub social with Fera brothers
- June 14th, 2 pm **Fathers day Pub** social Shawn Mckee
- June 21st, 2 pm Pub social with Beauty shop dolls  
June 28th pub social with Michael Tuner

- **Monthly Birthday party**  
June 26th 2:00 pm



**Bingo every Tuesday and Friday 10:00 am**



# SUMMER

wordsearch

E	U	C	E	B	R	A	B	F	U	T	S	I	A	P	F
R	P	A	Y	S	U	N	G	L	A	S	S	E	S	C	L
A	O	U	L	P	F	E	E	E	R	T	M	L	A	P	I
X	P	W	O	N	M	A	E	R	C	E	C	I	N	U	P
I	S	O	A	L	L	I	F	E	G	U	A	R	D	M	F
T	L	E	A	T	S	W	I	M	M	I	N	G	C	A	L
O	C	F	T	O	E	D	N	O	I	T	A	C	A	V	O
O	L	I	T	Y	R	R	E	B	W	A	R	T	S	E	P
G	E	B	N	I	V	I	M	L	O	N	A	U	T	E	S
N	L	E	E	C	I	U	E	E	H	D	M	B	L	S	S
I	E	A	R	D	I	W	I	T	L	R	B	R	E	E	D
M	C	C	R	M	O	P	R	K	C	O	L	B	N	U	S
A	Y	H	U	T	S	N	O	W	C	O	N	E	T	R	P
L	E	K	R	O	N	S	P	A	R	A	D	I	S	E	C
F	I	R	E	F	L	I	E	Y	N	N	U	S	R	U	T

SUNNY  
PARADISE  
POPSICLE  
FLAMINGO  
FLIP FLOPS  
VACATION

SNOWCONE  
WATERMELON  
SUNGLASSES  
BEACH  
SNORKEL  
PICNIC

BARBECUE  
OCEAN  
PALM TREE  
SAND CASTLE  
SUNBLOCK  
POOL

TOWEL  
ICE CREAM  
STRAWBERRY  
LIFEGUARD  
FIREFLIES  
SWIMMING