



**Coronavirus COVID-19**  
BC Centre for Disease Control | BC Ministry of Health

Guidelines for Visitors to Long-Term Care and Seniors' Assisted Living Facilities

**DO NOT ENTER IF SICK**



All visitors must be fully vaccinated against COVID-19 to enter the facility\*



All visitors must provide acceptable proof of COVID-19 vaccination



All visitors are required to wear a medical mask in hallways, common areas and multiple occupancy rooms



Visits will not be permitted during active COVID-19 outbreaks



Cough or sneeze into your elbow and do not touch your face



Use soap and water or alcohol-based hand sanitizer



Clean hands before and after visiting



GEORGE  
DERBY  
CENTRE

# THE DERBY DIGEST

## January 2022





GEORGE  
DERBY  
CENTRE

**Mission**

In a home-like environment we provide resident and family centered care while recognizing our veterans' legacy.

**Vision**

To be a community committed to compassionate care, innovation and excellence.

**Values**

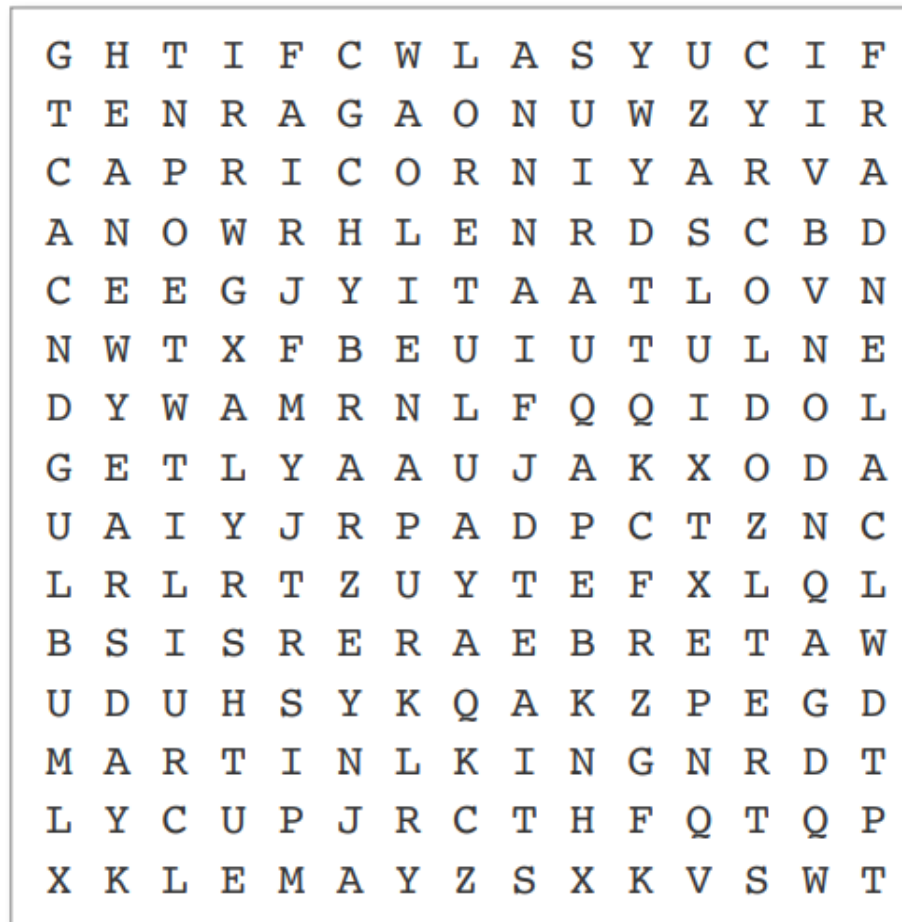
Resident & family centered, integrity, inclusion, diversity, safety, respect & dignity.



**Wishing you a happy  
and healthy 2022.**

## Searching for January

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



AQUARIUS

AUSTRALIA DAY

CALENDAR

CAPRICORN

CARNATION

COLD

FIRST

GARNET

GOAT (Capricorn)

JANUARY

MARTIN L. KING

NEW YEAR'S DAY

WATER BEARER (Aquarius)

WINTER

\*See a Rec. Staff for prizes once you've completed the puzzle!

## Beginning at the End

Match the clues to words that start with X, Y, or Z.

- |                                   |              |
|-----------------------------------|--------------|
| 1. Enthusiasm _____               | A. zoom      |
| 2. Fresh in appearance _____      | B. yummy     |
| 3. Copier brand _____             | C. Xerox     |
| 4. Sliding fastener _____         | D. zebra     |
| 5. Luxury craft _____             | E. zest      |
| 6. Animal park _____              | F. zero      |
| 7. Japanese noodle stir-fry _____ | G. youthful  |
| 8. Percussion instrument _____    | H. zip code  |
| 9. Address part _____             | I. yearbook  |
| 10. Delicious _____               | J. zipper    |
| 11. Striped animal _____          | K. yellow    |
| 12. Like some dogs _____          | L. xylophone |
| 13. Yellow part of an egg _____   | M. yappy     |
| 14. Nothing at all _____          | N. yacht     |
| 15. Go this way and that _____    | O. yolk      |
| 16. Golden hue _____              | P. zoo       |
| 17. Camera feature _____          | Q. zigzag    |
| 18. School memento _____          | R. yakisoba  |



### ***Birthstone of the Month - Garnet***

The garnet is both the birthstone for January and the gem to celebrate a second anniversary. Though it's most frequently known for its brilliant red coloration, the garnet also grows—as crystals inside metamorphic rock—in a range of colors, including orange, fuchsia, yellow, and even blue. According to the Gemological Institute of America, rarer still is the green garnet, known as a tsavorite, found outside a national park in Kenya in 1967. Use any color of this stone to celebrate your favorite January birth or anniversary.



### ***Flower of the Month - Carnation***

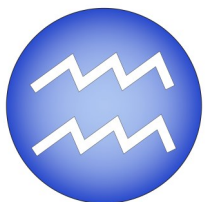


The carnation is the flower for January. Also known as a clove pink, this versatile flower is a species of the genus *Dianthus*, a term that means “divine flower” in Greek. Carnations are native to the Mediterranean and have been cultivated for over 2,000 years. The festive, sweet-scented blooms were used in ancient Greek and Roman ceremonial crowns and now come in a rainbow of colors, including pink, purple, blue, yellow, green, orange, white, and striped.



### ***January Zodiacs***

Capricorn (The Sea Goat) January 1—19  
Aquarius (Water Bearer) January 20—31





MERRY CHRISTMAS

